Omraam Mikhaël Aïvanhov

The matic Guide

ÉDITIONS



PROSVETA

'It is the subjective not the objective world which is the origin and cause, the centre of everything. The subjective world comes first and the objective world is simply a screen, a form, a manifestation, a concretization, an emanation of the subjective world. If you don't want to be a prisoner to lies and illusions, you must rise to the higher planes of the subjective world.

But human beings still have many very false notions about the subjective world, because they do not know that there is a way out, a path by which they can escape from its lower reaches. They need to be enlightened, therefore, and taught to rise to a much higher plane, to the plane where all is light and clarity, to the causal plane. Don't delude yourself that the way to obtain a clear vision of reality is to focus on the objective dimension. No, because that is not where the light is.

The only light in the objective world is whatever light you yourself are capable of projecting into it. If you yourself are not capable of illuminating the objective world with the light of your own subjective life, it will never become intelligible to you.

The objective world has not been given any light of its own, so if no light falls on it from the subjective dimension, it will always be a world of darkness and chaos. If you take refuge in it, therefore – as almost everybody does – you will be alienating yourself from light, from life, from the Source. Human beings must be freed from all these false notions, otherwise they will never find truth.'

Omraam Mikhaël Aïvanhov





TABLE OF CONTENTS



Starting point: understanding humanity



Family, the first evolutionary setting



Everyday life quickened by the spirit



Creative thinking, art, meditation



Self-transcendence



Esoteric science – Beyond the perceptible world



Esoteric science – The answers to fundamental questions



Esoteric science – The world of symbols



The spiritual journey – Conditions



The spiritual path – Spiritual Master



Religion: the universal dimension of Christianity



Religion: Biblical annotations



The reign of light

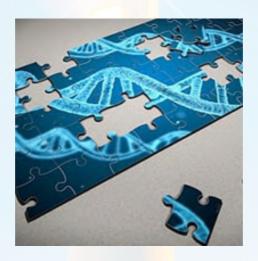


An Ideal of Brotherhood



Omraam Mikhaël Aïvanhov - An approach to his life

Starting point: understanding humanity



'The evolution of human beings necessarily involves self-knowledge. However, exploring the inner world is difficult and not without risk and this is where spiritual science is indispensable.'



Its two Natures

The Key to the Problems of Existence



Man's Two Natures, Human and Divin



Spirit and Matter
How to harmonize them within us



The structures of the psychic and the spiritual

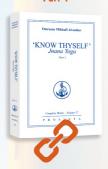
Harmony



The Path of Silence



Know Thyself:
Jnana Yoga
Part 1



True Alchemy or the Quest for Perfection



Know Thyself:
Jnana Yoga
Part 2



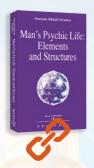
Sexual Force or the Winged Dragon



Man's Subtle Bodies and Centres



Man's Psychic Life: Elements and Structures



Good and evil
are the two forces that drive
the wheel of life



Intuition, a faculty of our higher self



Family, the first evolutionary setting



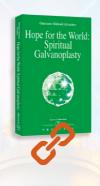
'Regarding the education of children, I do not believe in any educational theory. I only believe in the manner in which the parents lead their lives before and after the birth of their children.'



Education Begins Before Birth



Hope for the World:
Spiritual Galvanoplasty



Youth: Creators of the Future



The Role of the Mother during Gestation





Everyday life quickened by the spirit



'In even the simplest act of daily life you have to learn how to transpose these actions into a spiritual realm and thus attain higher degrees of consciousness.'



Life Force

A New Earth

Methods, exercises, formulas, prayers

Hrani Yoga

The alchemical and magical meaning of nutrition



Omnum Mikhadi Alvasher

NEW EARTH
Mittal Transach Franks of Pages

Complete Work - New of Pages

Complete Work - New of Pages

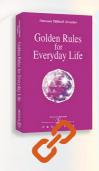


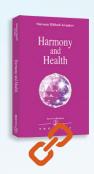
Bringing Symbols to Life The gymnastic exercises

Golden Rules for Everyday Life

Harmony and Health



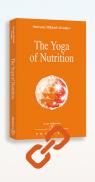


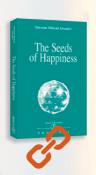


The Yoga of Nutrition

The Seeds of Happiness

Respiration
piritual Dimensions
and Practical Applications







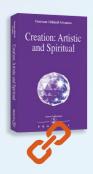
Creative thinking, art, meditation



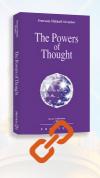
'Thought is much more than a simple faculty used for reflection and knowledge. Thinking also helps us to react, it is the instrument of the all-powerful.'



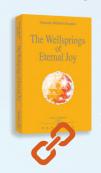
Creation: Artistic and Spiritual



The Powers of Thought



The Wellsprings of Eternal Joy



Meditation



Thought needs feeling in order to manifest



Artistic creation surpassing oneself



Self-transcendence



'What we are here and now has little importance. The important thing is that we seek to work on who we are now and bring both our qualities and failings to the service of a high ideal.'



Cosmic Moral Laws



Love and Sexuality



Oncome Withing Advantage

LOVE
SEXULITY

For 1

Congon ratio filter (1)

F R O 1 T 1

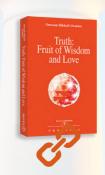


Freedom, the Spirit Triumphant

Truth: Fruit of Wisdom and Love

True Alchemy or the Quest for Perfection







The High Ideal

Omean Mikkeli Abrahas

THE
HIGH IDEAL

Only a high ideal brings fulfilment



Esoteric science: beyond the perceptible world



'A rich and vibrant truth exists only for those who are capable of perceiving things and beings beyond the perceptible world.'



Man's Subtle Bodies and Looking into the Invisible The Path of Silence Centres







Death and the Life Beyond



Reincarnation





Esoteric science: the answers to fundamental questions

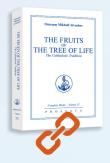


'Learn how to eat, breathe, act, speak, think, giving these activities their cosmic dimension and you will have the basics of the four sacred sciences of alchemy, astrology, magic and Kabbalah.'



Who? Kabbala

The Fruits of the Tree of Life
The Cabbalistic Tradition



Angels
other Mysteries of The Tree of Life

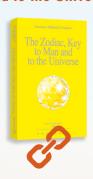


Cosmic Balance
The Secret of Polarity

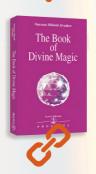


Where and When? Astrology How? Magic What? Alchimy

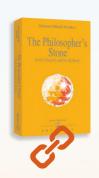
The Zodiac, Key to Man and to the Universe



The Book of Divine Magice



The Philosopher's stone in the Gospels and in Alchemy



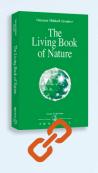
Esoteric science: the world of symbols



'People have always sought a language that is both universal and synthetic, and their research has led them to discover images, symbols that express, reducing them to the essential, the richest and most complex realities.'



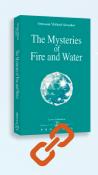
The Living Book of Nature



The Symbolic Language of Geometrical Figures



The Mysteries of Fire and Water



Bringing Symbols to Life
The gymnastic exercises



The New Year



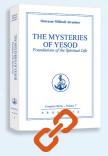
The spiritual journey: conditions



'May he who has embarked on the path of light continue his journey tirelessly! One after the other the obstacles will give way before him, for he has set in motion the powerful laws of life.'



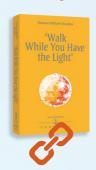
The Mysteries of Yesod Foundations of Spiritual Life



The Splendour of Tiphareth
The Yoga of the Sun



'Walk While You Have the Light'



Cosmic Hierarchy and the Law of Evolution



The spiritual path: Spiritual Master



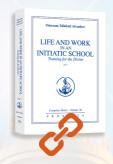
'For a disciple, to meet his Master is to find a mother who agrees to carry him nine months in her womb to bring him into the spiritual world.'



On the Art of Teaching,



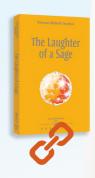
Life and Work in an Initiatic School



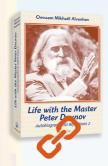
What is a Spiritual Master?



The Laughter of a Sage



Life with the Master Peter Deunov



Religion: God in creation and creatures The universal dimension of Christianity



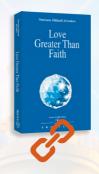
'Everything in the universe shares the same divine essence. How could God, the creator, not have put something of himself into each fragment of the universe and within all living beings?'



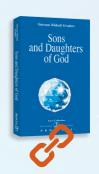
Christmas and Easter in the Initiatic Tradition



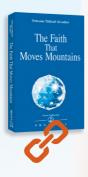
Love Greater Than Faith



Sons and Daughters of God



The Faith that Moves
Mountains



The Divine Seed





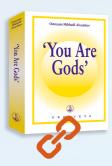
Religion: God in creation and creatures Biblical annotations



'Everything in the universe shares the same divine essence. How could God, the creator, not have put something of himself into each fragment of the universe and within all living beings?'



'You Are Gods'



The Second Birth
Love Wisdom Truth



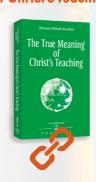
Spiritual Alchemy



The Tree of the Knowledge of Good and Evil



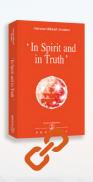
The True Meaning of Christ's Teaching



New Light on the Gospels



«In Spirit and in Truth»



The Book of Revelations:



The Philosopher's stone in the Gospels and in Alchemy



The reign of light



'Sunlight is the physical manifestation of the cosmic spirit in which the universe was created. Light created life and sustains both physical and spiritual.'



The Splendour of Tiphareth The Yoga of the Sun



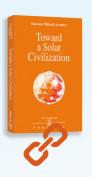
A New Dawn Part 1



A New Dawn Part 2



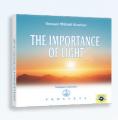
Toward a Solar Civilization



Light is a Living Spirit



The Importance of Light





An Ideal of Brotherhood



'It is not because each person is a distinct individual that they are separated from others. Even if a person can't see it, even if they don't feel it, somewhere in this immense ocean of life, they are bound to others and affected by the manifestations of their thoughts, their feelings and their acts.'



A Philosophy of Universality



The Egregor of the Dove or the Reign of Peace



The High Ideal



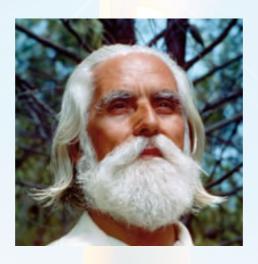
Prayer and the Value of Community



Working towards universality and brotherhood



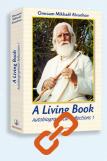
Omraam Mikhaël Aïvanhov: an approach to his life, a synthesis of his work



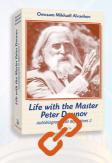
'I speak to you only of how I live, wishing to show that you can also live it one day.'



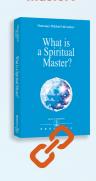
A Living Book



Life with the Master Peter Deunov



What is a Spiritual Master?



'You Are Gods'

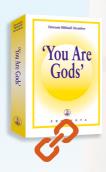
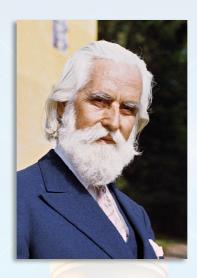


Photo Album





The distinguished philosopher and spiritual Master, Omraam Mikhaël Aïvanhov (1900 - 1986), was born in Bulgaria. In 1937 he moved to France, where he lived and taught for almost fifty years until his death. One of the most striking aspects of the Master's teaching is the enormous variety of ways in which he presents the one central theme of man and his growth in perfection. Whatever the question under discussion, it is invariably dealt with in terms of how man can better conduct his life.

Éditions PROSVETA S.A.

CS 30012 – F – 83601 Fréjus CEDEX (France) Tél. (33) 04 94 19 33 33 – Fax (33) 04 94 19 33 34

> www.prosveta.fr/en international@prosveta.com



