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
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
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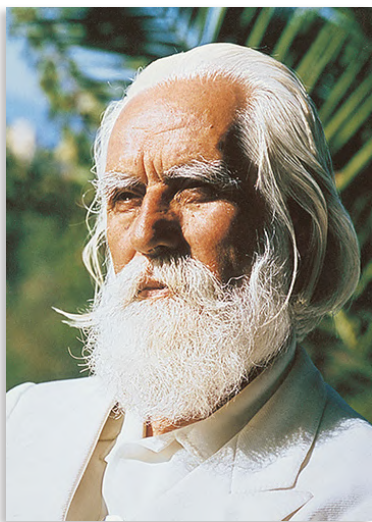
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The distinguished philosopher and spiritual Master, Omraam Mikhaël Aïvanhov (1900 - 1986), was born in Bulgaria. In 1937 he moved to France, where he lived and taught for almost fifty years until his death. One of the most striking aspects of the Master's teaching is the enormous variety of ways in which he presents the one central theme of man and his growth in perfection. Whatever the question under discussion, it is invariably dealt with in terms of how man can better conduct his life.

The collected works of Omraam Mikhaël Aïvanhov are essentially comprised of thousands of lectures and improvised talks which were taken down in shorthand or recorded on audio tape and video cassette. New books continue to be published, and to date amount to 80 volumes in French, some of which have been translated into more than 30 languages.

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Omraam Mikhaël Aïvanhov

A living book

Autobiographical Reflections 1

'In the psychic world, we can be musicians, poets, architects, sculptors, etc. The work done by disciples of Initiatic Science includes all the arts.

What a discovery it was for me, the day I understood that I could work on matter which was not foreign to me – my own matter. That is why I only work at writing my own book, that is to say, myself. I have never written anything other than the book that is me.'

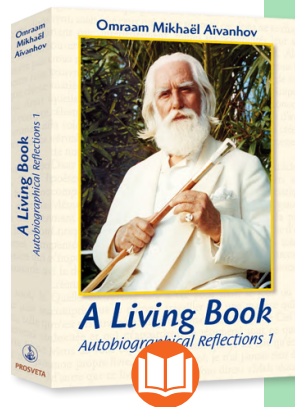


Table of contents

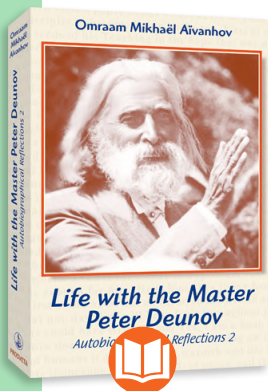
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Omraam Mikhaël Aïvanhov

Life with the Master Peter Deunov

Autobiographical Reflections 2

Even if the words of a spiritual Master can be contained in books, paper books would never be enough for him. He is himself a living book, and he needs his disciples to become living books too. First of all, he writes on them; in their head and heart he sows the seeds of his Teaching in

the hope that one day they will bear fruit throughout the world. So, the Master wrote a book which no one but he could have written: me. Yes, I am a book he wrote.

The earth is so far from the sun! But the distance does not stop the sun from writing on the earth, and this writing is the stones, plants, animals and humans it gives its light, warmth and life to. Like the sun, the Master wrote on me from afar. He wrote thousands and thousands of pages, and they are now all brought together in the book that is me. Then, one day, he said to me, 'Now, you are ready; you can leave.'

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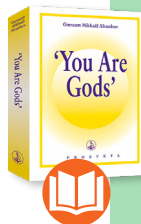
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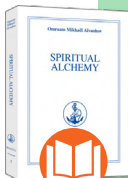
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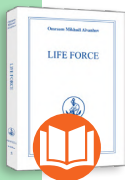
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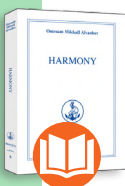
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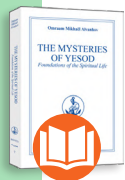
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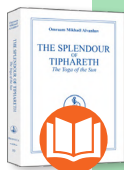
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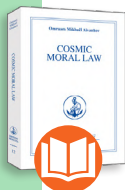
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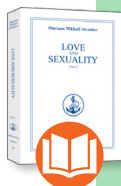
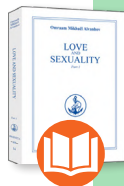
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Omraam Mikhaël Aïvanhov

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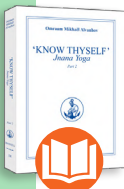
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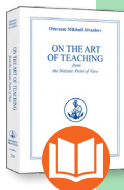
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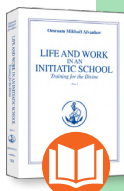
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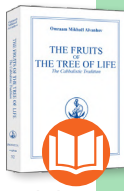
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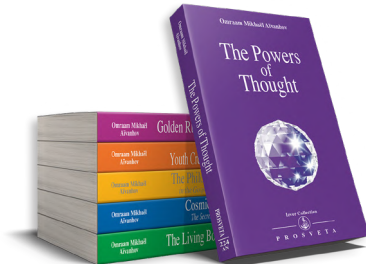
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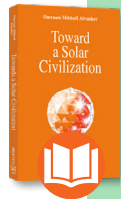
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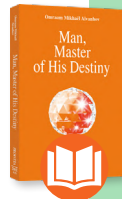
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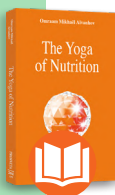
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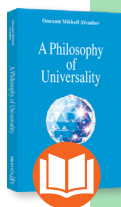
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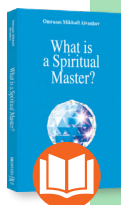
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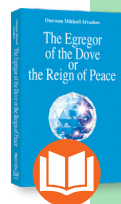
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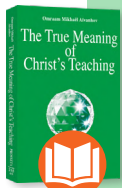
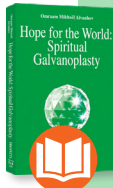
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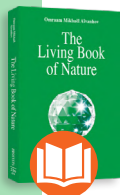


anyone strikes you on the right cheek...' – 9. 'Watch and pray'.

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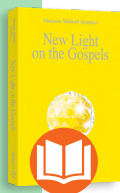
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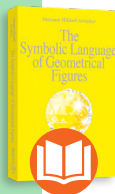
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Table of contents – 1. 'Men do not put new wine into old bottles' – 2. 'Except ye become as little children' – 3. The unjust steward – 4. 'Lay up for yourselves treasures in heaven' – 5. The strait gate – 6. 'Let him which is on the housetop not come down...' – 7. The calming of the storm – 8. The first shall be last – 9. The parable of the five wise and the five foolish virgins – 10. 'This is life eternal, that they might know thee the only true God'.

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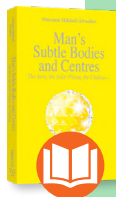
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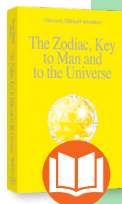
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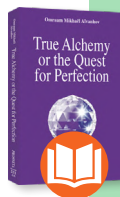
True Alchemy or the Quest for Perfection

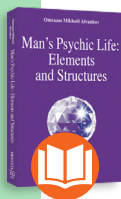
Table of contents – 1. Spiritual alchemy – 2. The human tree – 3. Character and temperament – 4. Our heritage from the animal kingdom – 5. Fear – 6. Stereotypes – 7. Grafting – 8. The use of energy – 9. Sacrifice, the transmutation of matter – 10. Vainglory and divine glory – 11. Pride and humility – 12. The sublimation of sexual energy.

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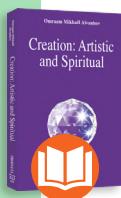
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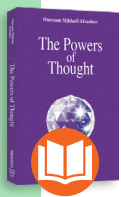
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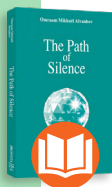
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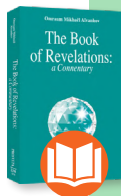
A Commentary

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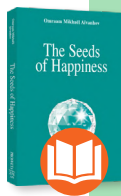
The Seeds of Happiness

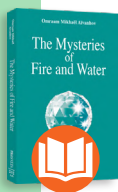
Table of contents – 1. Happiness: a gift to be cultivated – 2. Happiness is not pleasure – 3. Happiness is found in work – 4. A philosophy of effort – 5. Light makes for happiness – 6. The meaning of life – 7. Peace and happiness – 8. If you want to be happy, be alive – 9. Rise above your circumstances – 10. Develop a sensitivity to the divine – 11. The land of Canaan – 12. The spirit is above the laws of fate – 13. Look for happiness on a higher level – 14. The quest for happiness is a quest for God – 15. No happiness for egoists – 16. Give without expecting anything in return – 17. Love without asking to be loved in return – 18. Our enemies are good for us – 19. The garden of souls and spirits – 20. Fusion on the higher planes – 21. We are the artisans of our own future.

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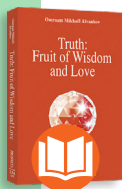
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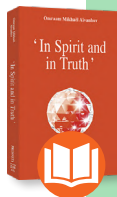
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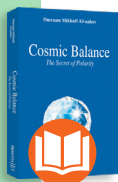
Angels and other Mysteries of the Tree of Life

Table of contents – 1. From man to God, the notion of hierarchy – 2. Introduction to the sephirothic Tree of Life – 3. The angelic hierarchies – 4. The names of God – 5. The sephiroth of the central pillar – 6. Ain Soph Aur, unlimited light – 7. Light, the substance of the universe – 8. 'When God drew a circle on the face of the deep' – 9. The kingdom of God is like a mustard seed – 10. The cosmic family and the mystery of the Trinity – 11. The body of Adam Kadmon – 12. Malkuth, Yesod, Hod, Tiphareth, archangels and seasons – 13. The sephirothic tree, symbol of synarchic order – 14. Yesod, foundation of the spiritual life – 15. Binah: I the laws of destiny - II the realm of stability – 16. Chokmah, the creative word – 17. Yesod, Tiphareth, Kether, the sublimation of sexual energy – 18. The prayer of Solomon.

Ref. P236AN



207 pages, 7 illustrations, 1 illustration in color – ISBN 978-2-8184-0037-1
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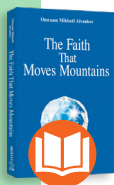


Cosmic Balance - The Secret of Polarity

Table of contents – 1. Cosmic balance and the number two – 2. Oscillation of the scales – 3. One and zero – 4. The role of the masculine and the feminine - I- Adam and Eve: spirit and matter - II - Adam and Eve: wisdom and love - III - the mental and astral planes - IV - man and woman – 5. God transcends good and evil – 6. The white head and the black head – 7. Alternation and antagonism - the law of opposites – 8. 'To work the miracles of one thing' - the figure of eight and the cross – 9. The caduceus of Hermes - the astral serpent – 10. Iona, principle of life - Horev, principle of death – 11. The triad Kether-Chesed-Geburah - I sceptre and orb - II - mind and heart - III - a straight line and a curved line – 12. The law of exchange – 13. The key and the lock – 14. The work of the spirit on matter - the holy grail – 15. Union of the ego with the physical body – 16. The sacrament of the eucharist – 17. The androgynes of myth – 18. Union with the universal Soul and the cosmic Spirit.

Ref. P237AN

262 pages, 7 illustrations, 1 illustration in color – ISBN 978-2-85566-710-2
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The Faith That Moves Mountains

Table of contents – 1. Faith, hope and love – 2. The mustard seed – 3. Faith and belief – 4. Science and religion – 5. Faith always precedes knowledge – 6. Retrieving lost knowledge – 7. A religion is only a form of faith – 8. Our divine lineage – 9. Proof of God's existence lies within us – 10. Identifying with God – 11. God is life – 12. God in creation – 13. Rabota, vreme, vera: work, time, faith.

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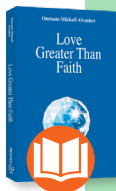
Love Greater Than Faith

Table of contents – 1. The uncertainties of modern man – 2. Destructive doubt: unification and bifurcation – 3. Constructive doubt – 4. 'Your faith has made you well' – 5. Let it be done for you according to your appreciation – 6. Only our actions witness to our faith – 7. Never abandon your faith in good – 8. 'Unless you become like children' – 9. 'The greatest of these is love' – 10. Base your trust on vigilance – 11. 'As I have loved you'.

Ref. P239AN

217 pages, 1 illustration – ISBN 978-2-85566-821-5

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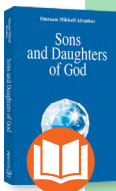
Sons and Daughters of God

Table of contents – 1. 'I came that they may have life' – 2. Blood, vehicle of the soul – 3. 'Whoever would save his life will lose it' – 4. 'Leave the dead to bury their own dead' – 5. 'God so loved the world that he gave his only son' – 6. Jesus, high priest for ever after the order of Melchizedek – 7. The man Jesus and the cosmic Principle of the Christ – 8. Christmas and Easter: two pages in the book of nature – 9. The birth of the Christ-child – 10. Jesus: dead and resurrected? – 11. Jesus' sacrifice on the cross: the powers of blood – 12. 'Out of his belly shall flow rivers of living waters' – 13. Sons and daughters of God are brothers and sisters to all people – 14. Populate the earth with sons and daughters of God.

Ref. P240AN

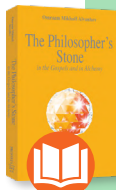
219 pages, 1 illustration – ISBN 978-2-85566-913-7

Available in French, German, Italian, Portuguese, Romanian, Russian, Spanish



The Philosopher's Stone in the Gospels and in Alchemy

Table of contents – 1. On the interpretation of the Scriptures – I. 'The letter kills, but the Spirit gives life' – II. The word of God – 2. 'It is not what goes into the mouth that defiles a person...' – 3. 'You are the salt of the earth' – I. Marking matter with the seal of the spirit – II. The source of energy – 4. 'But if the salt loses its flavour...' – 5. Tasting the flavour of the salt: divine love – 6. 'You are the light of the world' – 7. The alchemists' salt – 8. 'And as all things are one and come from the

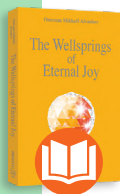


One' – 9. The work of the alchemist: 3 over 4 – 10. The philosopher's stone, fruit of a mystic union – 11. The regeneration of matter: the cross and the crucible – 12. The May dew – 13. The growth of the divine seed – 14. The gold of true knowledge: the alchemist and the gold prospector.

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The Wellsprings of Eternal Joy

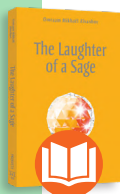
Table of contents – 1. God, the beginning and end of our journey – 2. Beginning the journey – 3. Suffering is a stimulus – 4. Seeking God's answers within – 5. In the school of life: the lessons of cosmic Intelligence – 6. 'Like a fish in water' – 7. A commitment to heaven – 8. Forging ahead fearlessly – 9. The light of the spirit should be our only guide – 10. Our place on the cosmic Tree – 11. 'Going abroad' – 12. Patience:

its unexpected treasures – 13. And all beings will follow you on this path of joy – 14. Always reach for new heights – 15. So that love will never leave us – 16. Opening the doors to the dream world – 17. The long road to joy – 18. Visits from angelic beings.

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Table of contents – 1. The sage lives in hope – 2. Like a shepherd watching over his sheep... – 3. Protecting the frontiers of our soul – 4. Waiting and staying alert – 5. 'If your eye is healthy, your whole body is full of light' – 6. Seriousness, tears, laughter, celebration – 7. The sage's lamp is filled with joyfulness – 8. Tongue of iron and tongue of gold – 9. Victory over suffering: the smile of God – 10. Every sacrifice we make engraves the mark of the sun within us – 11. 'The greatest among you will be your servant' – 12. Giving thanks: a source of light and joy – 13. Getting your name written in the book of life – 14. Seated at the banqueting table.

Ref. P243AN

186 pages – ISBN 978-2-8184-0179-8

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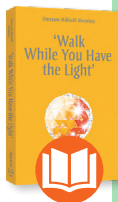
'Walk While You Have the Light'

Table of contents – 1. So you will never again have to say, 'If only I had known' – 2. 'Do not let your left hand know what your right hand is doing' • *I - The symbolism of right and left* • *II - The two hands of God* – 3. The programme for the day and the programme for eternity – 4. 'Do not worry about tomorrow' – 5. Only the present belongs to us – 6. Before the sun goes down – 7. Passing over to the next world – 8. Unlimited life – 9. The meaning of funeral rites – 10. Our relationship to our family spirits – 11. What is God's will? – 12. Serving the divine Principle – 13. Climbing to the Lord's altar – 14. Keep walking! – 15. On the threshold of a new year.

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198 pages – ISBN 978-2-8184-0436-2

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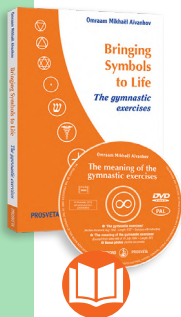


Stani Collection

Deepening spiritual practice

Bringing Symbols to Life

The gymnastic exercises



'The gymnastic exercises we do each morning are a way of capturing these energies and making them circulate. This is because the geometric figures that correspond to the different movements relate to spiritual forces and entities. When we trace these figures in space, we are attracting the forces and entities to which they are linked, so that they can work in us.'

Omraam Mikhaël Aïvanhov

Ref.SE0001AN – Format 14 x 20 cm – ISBN 978-2-8184-0450-8

Available in French, German, Italian, Russian

DVD included

Table of contents

♦ Part One - Embodying spiritual truths.

The treasures hidden in very simple exercises – From movement to light
– The population of our cells

♦ Part Two - Inhabiting sacred figures.

Symbols, the language of Cosmic Intelligence – First exercise: the triangle of the spirit – Second exercise: the triangle of matter – The meeting of the two triangles: the seal of Solomon – Third exercise: the solar disc – Fourth exercise: Schin – Fifth exercise: the caduceus of Hermes – Sixth exercise: the cross – Seventh exercise: Aleph – Eighth exercise: infinity

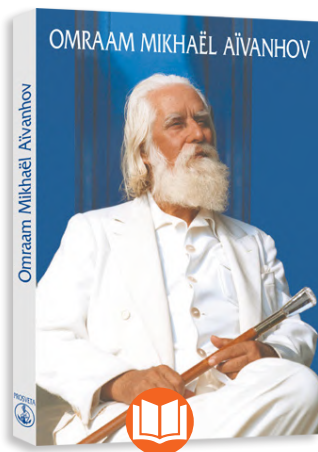
♦ Part Three - Every gesture we make resonates in space.

♦ Part Four - Description of the gymnastic exercises.

Breathing – Three important notes – Description of the exercises – Introduction – Synoptic table – Preliminary remarks – First exercise – Second exercise – Third exercise – Fourth exercise – Fifth exercise – Sixth exercise – Seventh exercise – Eighth exercise – The final greeting.

Omraam Mikhaël Aïvanhov

Biographical photos album



In this book the reader may trace the different phases of his life, the trials he endured and the many transformations he went through.

This book is more than a treasure-house of memories. As we make our way through the wealth of photographs in its pages, we sense that it can support and encourage us in our initiatic quest on the steep road to wisdom.

Table of contents

♦ **Preface** ♦ **Childhood in Macedonia, 1900-1917** ♦ **Encounter with the Master Peter Deunov – the Path of Light, 1917-1937** ♦ **Brother Michael – Spiritual Alchemy, 1937-1960.**

The second birth – The time of trials – The journey in India.

♦ **The Master Omraam Mikhaël Aïvanhov – A Solar Teaching, 1960-1986.**

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♦ **A New Dawn.**

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♦ **Appendix.**

Ref. D01AN – Format 21 x 29,7 – 176 pages – 212 photos – ISBN 978-2-85566-802-4
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Daily Meditations 2020

An inspiring thought for every day of the year



22 August: 'A universal remedy exists which restores health and equilibrium to the body. This remedy is love. Life and love are linked, and in order for life to circulate in abundance, we must call on love. Yes, life is born of love. Where there is love there is life. Where love diminishes death approaches. Every religion teaches us to love the one Being who gives life. This Being who fills the universe can be found everywhere: in the earth, in plants, in water, in air, in fire, in our own bodies, in the sun and the stars, everywhere.'

Omraam Mikhaël Aïvanhov

Ref. PQ2020AN – Format 10 x 16 – ISBN 978-2-8184-0506-2

Available in Bulgarian, Dutch, French, German, Italian, Japanese, Lettonian, Lithuanian, Portuguese, Romanian, Russian, Spanish

Includes index at the end of the book

Testimony

Georg Feuerstein

The Mystery of Light

Ref. T18AN

Format 14 x 21 – 304 pages – 9 photos – ISBN 978-2-8184-0026-5

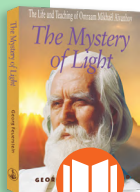
Available in Dutch, French, German

'A lucid, cogent, and enjoyable account of the teachings of the great Bulgarian sage Omraam Mikhael Aïvanhov.'

Richard Smoley, editor of *Gnosis magazine*

'In Georg Feuerstein's wonderful presentation of a contemporary Master, I was deeply moved by Aïvanhov's bodhisattvic simplicity, veracity, and good humor, and Feuerstein's self-effacing clarifications where needed, that make this book a treasure trove for anyone open to the great wisdom traditions.'

Frederick Franck, M.D., author of *The Zen of Seeing*,
My Days with Albert Schweitzer, etc.



Brochures

Format 11,2 x 18

5 volumes

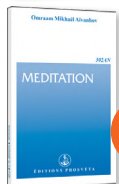
The New Year

Ref. B301AN – ISBN 978-2-85566-395-1 – Available in Afrikaans, French, German, Italian, Russian, Spanish



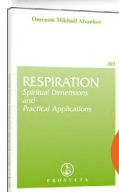
Meditation

Ref. B302AN – ISBN 978-2-85566-398-2 – Available in Afrikaans, Bulgarian, French, German, Italian, Romanian, Spanish



Respiration, Spiritual Dimensions and Practical Applications

Ref. B303AN – ISBN 978-2-85566-444-6 – Available in Bulgarian, Cambodian, French, German, Italian, Romanian, Spanish



Death and the Life Beyond

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The High Ideal

Ref. B307AN – ISBN 978-2-8184-0177-4 – Available in Bulgarian, French, German, Haitian, Romanian, Russian



Lectures on DVD by Omraam Mikhaël Aïvanhov

Prayer and the value of community

'You say that you pray, that you meditate, but that there are no results. Here is a very simple but very efficient way to link yourself to the Lord. When you want to pray you create an image, that of a multitude of spirits spread throughout the whole world, but who, wherever they are, are in the process of concentrating on the Creator. Through thought, you link with these beings so as to pray with them...'

Ref. DVD7001FR (duration 50')

Lecture in French – Subtitled in 12 languages: Bulgarian, Dutch, English, French, German, Italian, Norwegian, Polish, Portuguese, Russian, Romanian, Spanish

Only a high ideal brings fulfilment

'Happiness is like a ball: you keep kicking it and running after it, and just as you are about to catch it, you kick it again... and start running after it all over again. Yes, it is the chase that stimulates you. It is in the quest, in the pursuit of a goal that you find happiness...'

Ref. DVD7002FR (duration 40')

Lecture in French – Subtitled in 12 languages: Bulgarian - Czech - English - French - German - Italian - Norwegian - Polish - Portuguese - Romanian - Russian - Spanish

Working towards universality and brotherhood

'When humans succeed in mastering the tendencies of their lower nature, which they have inherited from the animal kingdom (egoism, fear, aggression) and begin to nurture their higher nature, which aspires to harmony, unity and brotherhood, then peace and happiness will reign on the earth. Yes, a universal family is possible!'

Ref. DVD7003FR (duration 57')

Lecture in French – Subtitled in 9 languages: Dutch - English - French - German - Italian - Polish - Portuguese - Russian - Spanish



Thought needs feeling in order to manifest

'You all have wonderful, divine ideas, I know, but what results have they produced?! None?! That proves that you still have some work to do to bring your ideas down onto the physical plane. Yes, the important thing is to bring them down into matter, because your ideas will leave you to die of hunger and thirst if you don't know how to materialize them through action.'

Ref. DVD7004FR (duration 58')

Lecture in French – Subtitled in 12 languages: Bulgarian - Czech - Dutch - French - English - Italian - German - Polish - Portuguese - Romanian - Russian - Spanish



Spirit and Matter - How to harmonize them within us

'It is a mistake to think that spirit and matter are in opposition, for matter is a condensation of spirit. And on this matter which came from it, spirit works to bring forth innumerable forms of life. Spirit and matter are two aspects of God himself'

Ref. DVD7005FR (duration 80')

Lecture in French – Subtitled in 12 languages: Bulgarian - Czech - Dutch - English - French - German - Italian - Polish - Portuguese - Romanian - Russian - Spanish



Good and evil are the two forces that drive the wheel of life

'Often, in the past, when they wanted to draw water from a well, they used a big wheel to which animals or even men were harnessed. Onlookers would have seen some coming towards them and others moving away from them, and they would have concluded that they were going in opposite directions. But if they could have seen this scene from above, they would have noticed that all of them were going in the same direction and doing one and the same work...'

Ref. DVD7006FR (duration 56')

Lecture in French – Subtitled in 11 languages: Czech - Dutch - English - French - Greek - Italian - Polish - Portuguese - Romanian - Russian - Spanish



Breathing, key to the rhythms of the universe

'Breathe in, breathe out... breathe in, breathe out... Breathing affects not only our physical life but all manifestations of our psychic life. Meditation, prayer and ecstasy are all forms of breathing.

The yogis and ascetics of India in particular have a deep understanding of the importance of breathing. Their intensive investigations have led them to realize that all the rhythms of our organism can be harmonized with the rhythms of the cosmic breath.'

Ref. DVD7007FR (duration 55')

Lecture in French – Subtitled in 10 languages : Dutch - English - French - Greek - Hungarian - Italian - Polish - Portuguese - Romanian - Spanish

Artistic creation, surpassing oneself

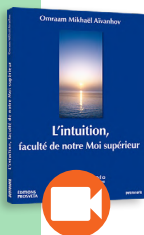
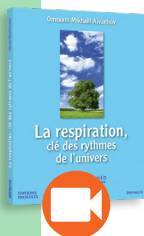
'In the future, priority will be given to artists, because the true artist is at once priest, philosopher and scientist. Yes, the role of the artist is to produce on the physical level what the intelligence understands to be true and the heart feels to be good, so that the higher world, the world of the Spirit, can come down to incarnate in matter.'

Ref. DVD7008FR (duration 69')

Lecture in French – Subtitled in 13 languages : Bulgarian - Czech - Dutch - English - French - German - Greek - Hungarian - Italian - Polish - Portuguese - Romanian - Spanish

Cosmic Hierarchy and the Law of Evolution

'The universe is a living, organised and, most importantly, hierarchical whole. All the way from the densest and darkest regions of matter to the divine world, which is pure light, the universe is a hierarchy. If human beings encounter so many difficulties and experience so much suffering, it is because they do not yet have the right attitude towards this hierarchy, which has God at its summit. Only those who are aware of this hierarchy are able to see a light constantly before them, and they receive a boost to their progress along the path of evolution.'



Ref. DVD7009FR (duration 58')

Lecture in French – Subtitled in 13 languages: Bulgarian - Czech - Dutch - English - French - German - Greek - Hungarian - Italian - Polish - Portuguese - Romanian - Spanish

Intuition, a faculty of our higher self

'The faculties of the mind and the heart are essential to us, but they are not enough. To guide us on all the paths of life, we need to develop a third faculty that only our higher self possesses: intuition. The intuition is similar to the mind in that it is a form of intelligence, and it is similar to the heart in that it is a form of sensation, but here the intelligence and the sensation are situated in the higher realms of the soul and the spirit. By mastering our thoughts and feelings, we will one day truly know beings and things.'

Ref. DVD7010FR (duration 42' 20")

Lecture in French – Subtitled in 13 languages: Bulgarian - Czech - Dutch - English - French - German - Greek - Hungarian - Italian - Polish - Portuguese - Romanian - Spanish

Feeding the flame of our spirit The meaning of sacrifice

'You light a candle... Its flame will give you light as long as it is fed by the burning wax... This combustion is a sacrifice without which there is no light... Like the candle, human beings have all the materials they need to feed their inner flame: all the manifestations of their lower nature. By sacrificing them they feed the flame of their spirit.'

Ref. DVD7011FR (duration 61')

Lecture in French – Subtitled in 13 languages: Bulgarian - Czech - Dutch - English - French - German - Greek - Hungarian - Italian - Polish - Portuguese - Romanian - Spanish



Sunbeam Collection

Talks read in English by O. M. Aïvanhov
Brochures and CD

◆ The Divine Seed

'A seed is nothing other than a living being who ceaselessly calls upon the forces and materials of the cosmos so as to be able to accomplish its task. And its task is to resemble the tree that produced it.'

'The same thing applies to man. Since God created man in His image, he has the possibility, by developing himself correctly, of becoming like his heavenly Father.'

Ref. B401AN – Duration 53'20" - 24 pages, 1 CD inside
ISBN 978-2-85566-952-6

◆ Reincarnation

'Belief in reincarnation is one of the cornerstones of morality. As long as human beings are unaware that the law of cause and effect is operative from one incarnation to the next, no amount of sermonizing will persuade them to change their ways. But once they know that the difficulties and trials they encounter in life are the direct result of faults committed in a previous life, not only can they accept them as just, but they start to work for good so as to be sure that their future incarnations will be better.'

Ref. B402AN – Durations: 62'06" and 61'43" - 48 pages, 2 CD inside
ISBN 978-2-85566-953-3

◆ The Role of the Mother during Gestation

'Throughout her pregnancy, a mother must try to create an atmosphere of purity and light around her child, so that she can work in collaboration with the incoming soul. The child itself has nothing, it receives all it needs from its mother. That is why she must be conscious and, by her thoughts and feelings, give it only the most luminous and purest particles.'

Ref. B403AN – Durations: 69'03" and 40'05" - 48 pages, 2 CD inside
ISBN 978-2-85566-954-0

◆ The Importance of Light

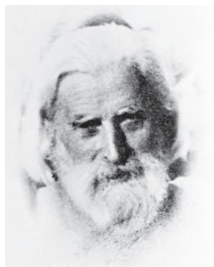
'Why must we nourish ourselves with light? To feed the brain. The brain also wants to eat, and its food is light. We feed the stomach and the whole body with solid and liquid elements; we feed the lungs with air, and we forget the poor brain. It is nourished only by the solid, liquid and gaseous particles... That is why humans remain ignorant of celestial things, why they don't understand divine things, why they don't see clearly: because they haven't nourished their brains with light. By nourishing the brain with an element as subtle as light, the result is different.'

Ref. B404AN – Durations: 58'22", 61'32" and 49'38"

60 pages, 3 CD inside - ISBN 978-2-85566-955-7



Music



The songs recorded below are by Peter Deunov, who was born in 1864 in Bulgaria. He is the founder of the Universal White Brotherhood, and was its Master until his death in 1944 with a medical background, he was also a musician: he played the violin. For many years, he composed music destined to support and enrich his disciples' spiritual life. In 1937 he sent Omraam Mikhaël Aïvanhov to France, his disciple since 1917, in order to spread the esoteric Teaching of the Universal White Brotherhood.

Concert in Bulgaria

Ref. CD1501

Recording of the public concert given on 9 July 1995 in the Bulgaria Hall, Sofia, Bulgaria by the international choir of the Universal White Brotherhood. Mixed choir, soloists and instrumental ensemble.

Total duration: 53' 06"

Paneurhythmy

Ref. CD1502

Orchestral recording of Peter Deunov's Paneurhythmy music.

Duration 34' 36"

Mystical songs

Ref. CD1508

Mystical songs sung in Bulgarian.

Duration 48'

Female choir

Ref. CD1509

Bulgarian harmonized songs for women's voices.

Duration 49'

Brotherhood, Unity

Ref. CD1511

Public recording of concerts given by the Evera Choir and the Choir of the *Universal White Brotherhood*.

Duration 66' 19"



Peter Deunov's Paneurhythmy - Dance movements and musical scores

With descriptions and commentaries in the light of the Teaching of Omraam Mikhaël Aïvanhov by Muriel Urech.

Meanings and descriptions (with diagrams) of the dance movements of the paneurhythmy.

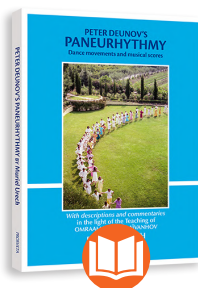
‘Everything in the universe is rhythm, and human beings themselves are part of this great cosmic rhythm. All their biological and psychic functions are subject to the laws of rhythm, even if this is not obvious. Depending on their way of life and on their thoughts, feelings and actions, they will harmonize to a lesser or greater extent with the universal rhythm. Music and dance are simply attempts to return to this universal rhythm or to remain within it. This is the reason why every culture attributes a divine origin to music and dance.

By creating the paneurhythmy, Master Peter Deunov gave us the means to harmonize with those rhythms in the universe that are the most beneficial.’

Ref. T16AN

Format 18cm x 24cm – 147 pages – ISBN 978-2-8184-0430-0

Available in Dutch, French, German, Italian



Posters and PostCards

A range of inspiring colourful posters and postcards



Calendar

'Brotherhood, a universal consciousness'



'Try to discover how to help human beings and show them your love. But don't expect anything in return because in reality you are already rewarded by the inner expansion you feel when you love. That is a great reward, there is no greater one: your heart becomes like a river, a spring of living water.'

Omraam Mikhaël Aïvanhov

Ref. CA2020AN – Format 21 x 29,7 cm

Full color illustrated bilingual wall Calendar: French-English.
Format 29,7 x 21 cm (A4). Finish varnish UV, binding rings white.

