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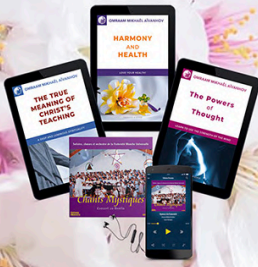
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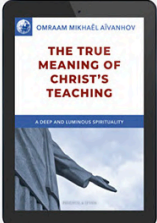




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The Author

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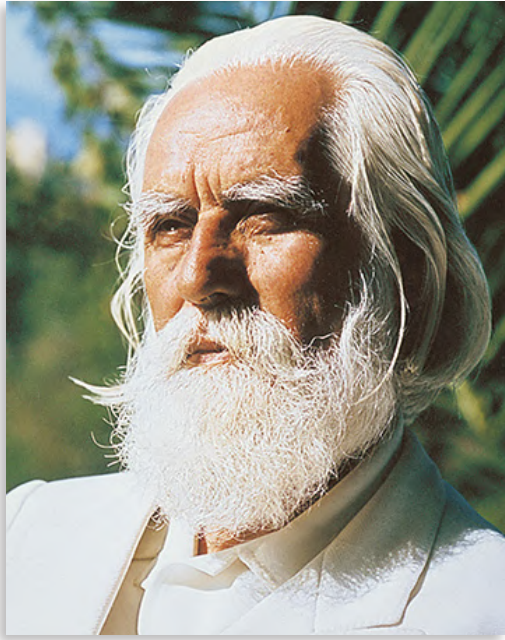
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The distinguished philosopher and spiritual Master, Omraam Mikhaël Aïvanhov (1900 - 1986), was born in Bulgaria. In 1937 he moved to France, where he lived and taught for almost fifty years until his death. One of the most striking aspects of the Master's teaching is the enormous variety of ways in which he presents the one central theme of man and his growth in perfection. Whatever the question under discussion, it is invariably dealt with in terms of how man can better conduct his life.

The collected works of Omraam Mikhaël Aïvanhov are essentially comprised of thousands of lectures and improvised talks which were taken down in shorthand or recorded on audio tape and video cassette. New books continue to be published, and to date amount to 80 volumes in French, some of which have been Translated into more than 30 languages.

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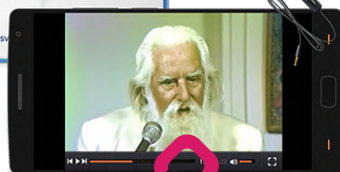
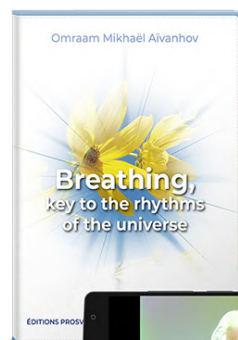
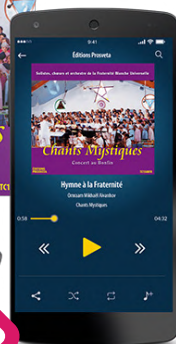
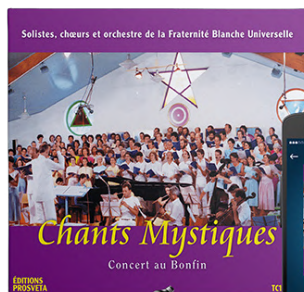
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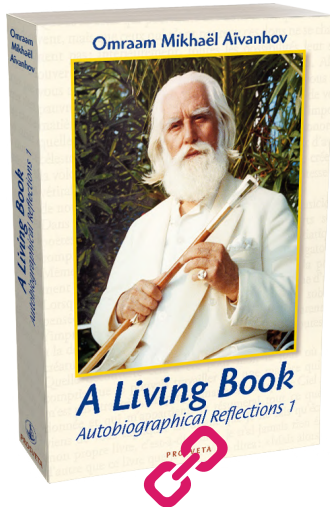




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A living book

Autobiographical Reflections 1



'In the psychic world, we can be musicians, poets, architects, sculptors, etc. The work done by disciples of Initiatic Science includes all the arts.

What a discovery it was for me, the day I understood that I could work on matter which was not foreign to me – my own matter. That is why I only work at writing my own book, that is to say, myself. I have never written anything other than the book that is me.'

Table of contents

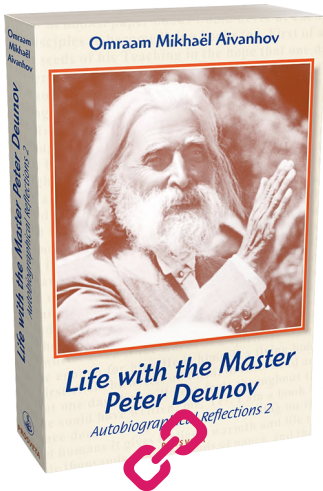
I. The mysterious pathways of destiny – **II.** A childhood in the mountains of Macedonia – **III.** Life in Varna, beside the Black Sea – **IV.** Apprenticeships – **V.** The experience of fire – **VI.** Into the heart of the rose – **VII.** The universal symphony – **VIII.** Meeting Master Peter Deunov - The revelations of Psalm 116 – **IX.** 'Frantsia', France – **X.** No prison can confine the spirit – **XI.** A year in India: February 1959 - February 1960 – **XII.** I am a child of the sun – **XIII.** Between speech and silence – **XIV.** I just write my own book – **XV.** All creation speaks to me, and I speak to it – **XVI.** An ideal of fraternal life – **XVII.** All I want is for you to be free – **XVIII.** Others help you through me – **XIX.** Only the unattainable is real – Addenda

Ref. AB01AN

Format 14,8 x 21 – 480 pages + 8 pages of photos except text
ISBN 978-2-85566-989-2

Translated into 8 languages

Life with the Master Peter Deunov Autobiographical Reflections 2



'Even if the words of a spiritual Master can be contained in books, paper books would never be enough for him. He is himself a living book, and he needs his disciples to become living books too. First of all, he writes on them; in their head and heart he sows the seeds of his Teaching in the hope that one day they will bear fruit throughout the world. So, the Master wrote a book which no one but he could have written: me. Yes, I am a book he wrote.

The earth is so far from the sun! But the distance does not stop the sun from writing on the earth, and this writing is the stones, plants, animals and humans it gives its light, warmth and life to. Like the sun, the Master wrote on me from afar. He wrote thousands and thousands of pages, and they are now all brought together

in the book that is me. Then, one day, he said to me, 'Now, you are ready; you can leave.'

Table of contents

I. An inspiring encounter – **II.** A prophet confronted by the Church – **III.** The clarity of the spiritual world – **IV.** The eternal student – **V.** Izgrev, in Sofia – **VI.** The first lessons of the mountain: Vitocha – **VII.** What does it mean to have a Master? – **VIII.** Masters and disciple weave the threads of life together – **IX.** Riddles to be solved – **X.** Tarnovo – **XI.** 'Continue to work in the three worlds' – **XII.** 'Where all human beings live as brothers and sisters' – **XIII.** Summer in the Rila mountains – **XIV.** In the kingdom of living nature – **XV.** In the alchemical furnace – **XVI.** 'You are made to work with women' – **XVII.** 'I possess a jewel of inestimable value'.

Ref. AB02AN

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ISBN 978-2-8184-0185-9

Translated into 6 languages

Synopsis Collection

The Synopsis Collection offers a synthesis
of Omraam Mikhaël Aïvanhov's teaching

'You Are Gods'

Table of contents

♦ **Part I - 'You Are Gods'**

1. 'Be perfect as your heavenly Father is perfect' – 2. 'The Father and I are one' – 3. The return to the house of the Father

♦ **Part II - What is human nature?**

1. Lower nature and higher nature – 2. 'No one can serve two masters' I and II – 3. The three great temptations – 4. Taking and giving – 5. The voice of our higher nature – 6. Sensitivity to the divine world – 7. 'Blessed are the peacemakers'

♦ **Part III - 'So God created humankind in his image'**

1. God, nature, and humankind – 2. The Tree of Life – 3. From seed to tree – 4. The sun, image of God and image of humankind – 5. 'You shall love the Lord your God'

♦ **Part IV - The laws of destiny**

1. Laws of Nature and moral laws: *I.* The law of cause and effect – *II.* The law of recording – *III.* The law of resonance – *IV.* The law of affinity – 2. Reincarnation: *I.* The teaching of the Gospels – *II.* Making sense of fate – *III.* We create our own future

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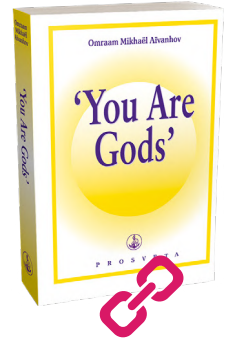
1. God transcends good and evil – 2. The only way to triumph over evil is to learn to use it – 3. 'Evil can be compared to tenants'

♦ **Part VI - Spiritual alchemy**

1. How to extract the quintessence – 2. The image of the tree - grafting – 3. The fire of sacrifice – 4. From movement to light: replacing pleasure with work – 5. Learn to eat and so learn to love

♦ **Part VII - The organs of spiritual knowledge**

1. The aura – 2. The solar plexus *I.* The solar plexus and the brain *II.* Oil in the lamp – 3. The Hara centre – 4. The Kundalini force and the chakras



♦ Part VIII - Living in eternal life

1. 'And this is eternal life, that they may know you, the only true God' – 2. 'Know Thyself' – 3. Merging with the cosmic Soul and Spirit

♦ Part IX - The paths of divinization

1. The feast of Christmas – 2. The second birth – 3. The resurrection and the last Judgement – 4. The body of glory.

♦ Biblical references • Index

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Translated into 6 languages

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Stani collection (To act): deepening spiritual practice

Bringing Symbols to Life The gymnastic exercises

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♦ Part One - Embodying spiritual truths

♦ Part Two - Inhabiting sacred figures

♦ Part Three - Every gesture we make resonates in space

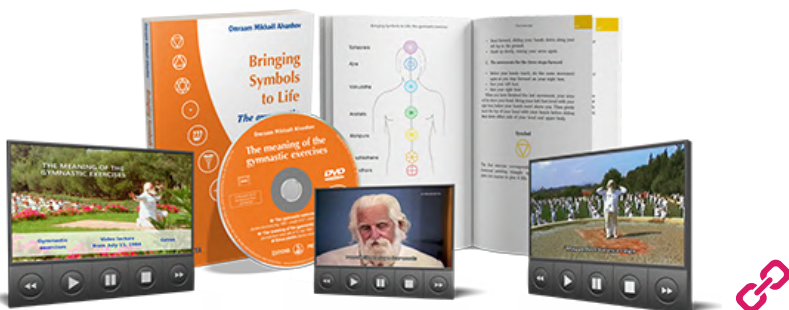
♦ Part Four - Description of the gymnastic exercises

Ref. SE01AN (DVD included)

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Translated into 4 languages



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Ref. C01AN

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Translated into 8 languages



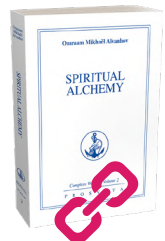
Spiritual Alchemy

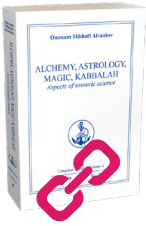
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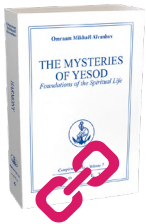
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Translated into 10 languages

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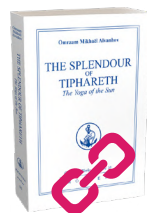
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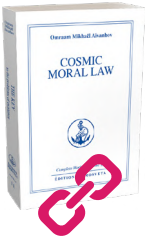
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Translated into 6 languages



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Translated into 5 languages

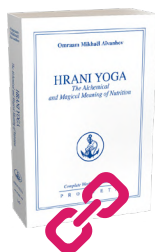


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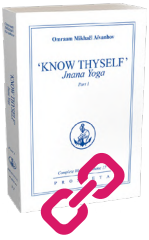
'The foods we eat every day obviously contain life, but they don't yet possess the spirit. So we must, when we eat, concentrate on the food so that our spirit participates in this act. On eating the food, the spirit impregnates our own matter which it transforms, enlightens and regenerates.'



Omraam Mikhaël Aïvanhov

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Translated into 6 languages



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Translated into 7 languages

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Translated into 6 languages

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Translated into 5 languages



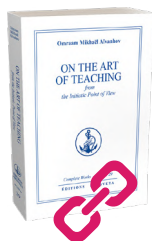
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Translated into 4 languages



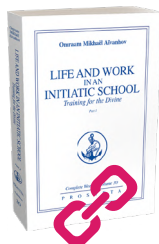
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Translated into 4 languages



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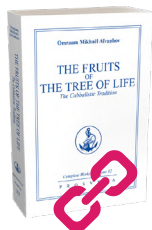
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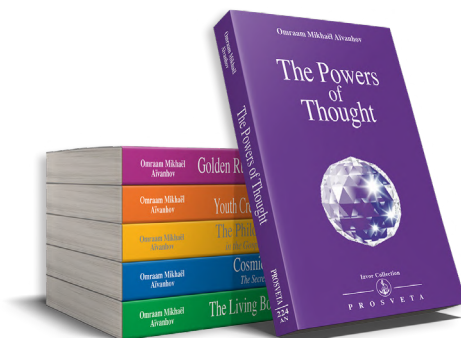
ISBN 978-2-85566-467-5

Translated into 6 languages



Izvor Collection

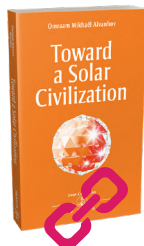
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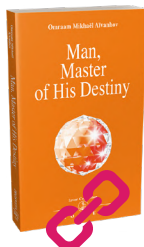
Toward a Solar Civilization

Table of contents – 1. The sun, initiator of civilization – 2. Surya yoga – 3. Seeking the centre – 4. The sun our provider – 5. The solar plexus – 6. We are made in the image of the sun – 7. The spirits of the seven lights – 8. The sun as our model – 9. The true solar religion.

Ref. P201AN

148 pages, 1 illustration – ISBN 978-2-85566-373-9

Translated into 14 languages



Man, Master of his Destiny

Table of contents – 1. The law of cause and effect – 2. You will separate the subtle from the gross – 3. Evolution and creation – 4. Two justices: human and divine – 5. The law of correspondences – 6. Natural and moral law – 7. Nature's records – 8. Reincarnation.

Ref. P202AN 198 pages – ISBN 978-2-85566-377-7

Translated into 18 languages

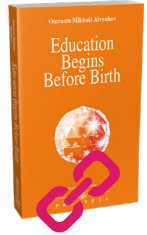
Education Begins Before Birth

Table of contents – 1. The first priority: educating parents – 2. Education begins before birth – 3. A blueprint for the future of humankind – 4. Don't neglect your children – 5. A new understanding of a mother's love – 6. The magic word – 7. Never let your children be idle – 8. Prepare your children for adult life – 9. Protect your children's sense of wonder – 10. Love without weakness – 11. Education versus instruction.

Ref. P203AN

164 pages, 1 diagram – ISBN 978-2-85566-374-6

Translated into 20 languages



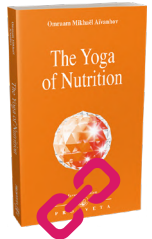
The Yoga of Nutrition

Table of contents – 1. Eating: an act which concerns the whole man – 2. Hrani-yoga – 3. Food: a love-letter from God – 4. Choosing your food – 5. Vegetarianism – 6. The ethics of eating – 7. Fasting: I - a means of purification - II - another form of nutrition – 8. Communion – 9. The meaning of the blessing – 10. The spirit transforms matter – 11. The law of symbiosis.

Ref. P204AN

139 pages – ISBN 978-2-85566-375-3

Translated into 22 languages



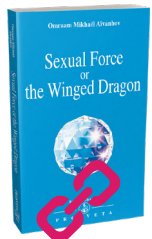
Sexual Force or the Winged Dragon

Table of contents – 1. The winged dragon – 2. Love and sexuality – 3. The sexual force is essential for life on earth – 4. Pleasure: I - do not seek pleasure for it will impoverish you - II - replace pleasure with work – 5. The dangers of tantric yoga – 6. Love without waiting to be loved – 7. Love is everywhere in the universe – 8. Spiritual love is a higher way of feeding ourselves – 9. A high ideal transforms sexual energy – 10. Open your love to a higher path.

Ref. P205AN

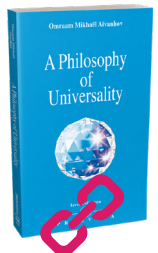
138 pages – ISBN 978-2-85566-299-2

Translated into 17 languages



A Philosophy of Universality

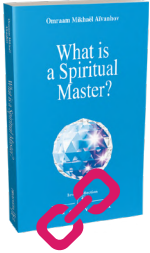
Table of contents – 1. What is a sect? – 2. No church is eternal – 3. The spirit behind the form – 4. The advent of the Church of St John – 5. The foundations of a universal religion – 6. The great Universal White Brotherhood – 7. For a universal notion of the family – 8. Brotherhood, a higher state of consciousness – 9. The annual conventions at the Bonfin – 10. The universal dimension of all our activities.



Ref. P206AN

178 pages, 1 illustration – ISBN 978-2-85566-420-0

Translated into 10 languages



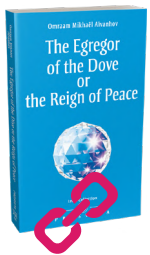
What is a Spiritual Master?

Table of contents – 1. How to recognize a true spiritual master – 2. The necessity for a spiritual master – 3. The sorcerer's apprentice – 4. The exotic should not be confused with spirituality – 5. Learn how to balance the material and spiritual worlds – 6. A master is a mirror reflecting the truth – 7. A master is there only to give light – 8. The disciple and his master – 9. The universal dimension of a master – 10. The magical presence of a master – 11. Identification – 12. 'Except ye become as little children...'

Ref. P207AN

185 pages – ISBN 978-2-85566-300-5

Translated into 12 languages



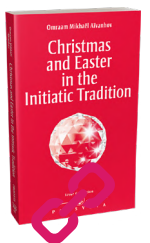
The Egregor of the Dove or the Reign of Peace

Table of contents – 1. Towards a better understanding of peace – 2. The advantages of unity amongst nations – 3. Aristocracy and democracy – 4. About money – 5. The distribution of wealth – 6. Communism and capitalism – 7. Towards a new understanding of economics – 8. What every politician should know – 9. The kingdom of God.

Ref. P208AN

163 pages – ISBN 978-2-85566-403-3

Translated into 14 languages



Christmas and Easter in the Initiatic Tradition

Table of contents – 1. The feast of the nativity – 2. The second birth – 3. Birth on the different planes of being – 4. 'Except ye die ye shall not live' – 5. The resurrection and the last judgment – 6. The body of glory.

Ref. P209AN

54 pages, 7 illustrations – ISBN 978-2-85566-397-5

Translated into 8 languages

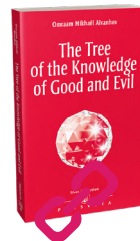
The Tree of the Knowledge of Good and Evil

Table of contents – 1. The two trees of paradise – 2. The wheel of life – 3. Beyond good and evil – 4. The wheat and the weeds – 5. The philosophy of unity – 6. The three temptations – 7. Undesirable guests – 8. Suicide – 9. Weapons of love and light – 10. Light your inner lamps.

Ref. P210AN

173 pages, 2 illustrations – ISBN 978-2-85566-775-1

Translated into 12 languages



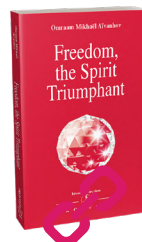
Freedom, the Spirit Triumphant

Table of contents – 1. Man's psychic structure – 2. Mind over matter – 3. Fate and freedom – 4. Freedom through death – 5. Sharing in the freedom of God – 6. True freedom: a consecration of self – 7. Freedom through self-limitation – 8. Anarchy and freedom – 9. The notion of hierarchy – 10. The synarchy within.

Ref. P211AN

160 pages, 1 illustration – ISBN 978-1-895978-13-1

Translated into 12 languages



Light is a Living Spirit

Table of contents – 1. Light: the essence of creation – 2. The sun's rays, their nature and activity – 3. Gold is condensed sunlight – 4. Light enables us to see and be seen – 5. Working with light – 6. The prism: a symbol of man – 7. Purity clears the way for light – 8. Living with the intensity of light – 9. The spiritual laser.

Ref. P212AN

139 pages, 10 illustrations – ISBN 978-2-85566-391-3

Translated into 13 languages



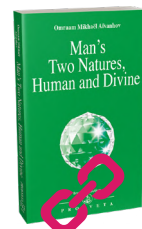
Man's Two Natures, Human and Divine

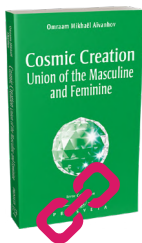
Table of contents – 1. Human nature or animal nature? – 2. The lower self is a reflection – 3. Man's true identity – 4. Methods of escape – 5. The sun symbolizes the divine nature – 6. Put the personality to work – 7. Perfection comes with the higher self – 8. The silent voice of the higher self – 9. Only by serving the divine nature – 10. Address the higher self in others – 11. Man's return to God, the victory.

Ref. P213AN

152 pages, 2 illustrations – ISBN 978-2-85566-326-5

Translated into 14 languages





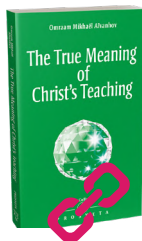
Cosmic Creation. Union of the Masculine and the Feminine

Table of contents – 1. What is spiritual galvanoplasty? – 2. Reflections of the two principles – 3. Marriages made in heaven – 4. Love freely given – 5. Love on the lower plane – 6. Love on the higher plane – 7. Love's goal is light – 8. The solar nature of sexual energy – 9. Mankind transformed – 10. The original experiment and the new one – 11. Replenish the earth! – 12. Woman's place – 13. The cosmic child.

Ref. P214AN

197 pages, 3 illustrations – ISBN 978-1-895978-14-8

Translated into 17 languages



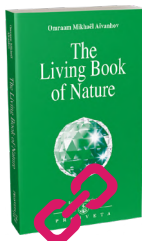
The True Meaning of Christ's Teaching

Table of contents – 1. 'Our Father in heaven' – 2. 'My Father and I are one' – 3. 'Be perfect, as your heavenly Father is perfect' – 4. 'Seek first the kingdom of God and his righteousness' – 5. 'On earth as it is in heaven' – 6. 'Whoever eats my flesh and drinks my blood has eternal life' – 7. 'Father, forgive them, for they do not know what they are doing' – 8. 'If anyone strikes you on the right cheek...' – 9. 'Watch and pray'.

Ref. P215AN

203 pages, 7 illustrations – ISBN 978-2-85566-322-7

Translated into 11 languages



The Living Book of Nature

Table of contents – 1. The living book of nature – 2. Day and night – 3. Spring water or stagnant water – 4. Marriage, a universal symbol – 5. Distilling the quintessence – 6. The power of fire – 7. The naked truth – 8. Building a house – 9. Red and white – 10. The river of life – 11. The New Jerusalem: perfect man - I - the gates - II - the foundations – 12. Learning to read and write.

Ref. P216AN

218 pages, 1 illustration – ISBN 978-2-85566-396-8

Translated into 12 languages

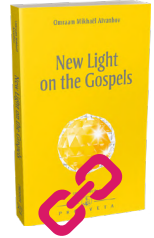
New Light on the Gospels

Table of contents – 1. ‘Men do not put new wine into old bottles’ – 2. ‘Except ye become as little children’ – 3. The unjust steward – 4. ‘Lay up for yourselves treasures in heaven’ – 5. The strait gate – 6. ‘Let him which is on the housetop not come down...’ – 7. The calming of the storm – 8. The first shall be last – 9. The parable of the five wise and the five foolish virgins – 10. ‘This is life eternal, that they might know thee the only true God’.

Ref. P217AN

181 pages, 8 illustrations – ISBN 978-2-85566-339-5

Translated into 12 languages



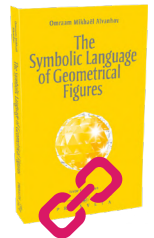
The Symbolic Language of Geometrical Figures

Table of contents – 1. Geometrical symbolism – 2. The circle – 3. The triangle – 4. The pentagram – 5. The pyramid – 6. The cross – 7. The quadrature of the circle.

Ref. P218AN

152 pages, 20 illustrations – ISBN 978-2-85566-366-1

Translated into 9 languages



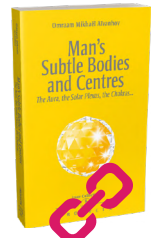
Man's Subtle Bodies and Centres the Aura, the Solar Plexus, the Chakras...

Table of contents – 1. Human evolution and the development of the spiritual organs – 2. The aura – 3. The solar plexus – 4. The hara centre – 5. Kundalini force – 6. The chakras: I - the chakra system - II - Ajna and Sahasrara.

Ref. P219AN

154 pages, 14 illustrations – ISBN 978-2-85566-383-8

Translated into 15 languages



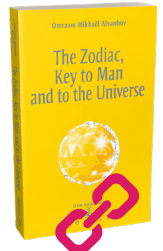
The Zodiac, Key to Man and to the Universe

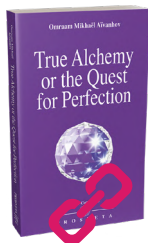
Table of contents – 1. The enclosure of the zodiac – 2. The zodiac and the forming of man – 3. The planetary cycle of hours and days – 4. The cross of destiny – 5. The axes of aries-libra and taurus-scorpio – 6. The virgo-pisces axis – 7. The leo-aquarius axis – 8. The fire and water triangles – 9. The philosophers' stone: the sun, the moon and mercury – 10. The twelve tribes of Israel and the twelve labours of Hercules in relation to the zodiac.

Ref. P220AN

176 pages, 19 illustrations – ISBN 978-2-85566-369-2

Translated into 11 languages





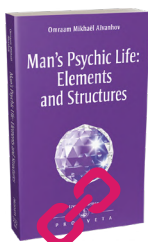
True Alchemy or the Quest for Perfection

Table of contents – 1. Spiritual alchemy – 2. The human tree – 3. Character and temperament – 4. Our heritage from the animal kingdom – 5. Fear – 6. Stereotypes – 7. Grafting – 8. The use of energy – 9. Sacrifice, the transmutation of matter – 10. Vainglory and divine glory – 11. Pride and humility – 12. The sublimation of sexual energy.

Ref. P221AN

191 pages, 5 illustrations – ISBN 978-2-85566-384-5

Translated into 10 languages



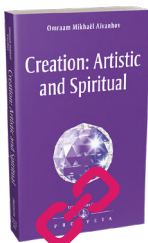
Man's Psychic Life: Elements and Structures

Table of contents – 1. Know thyself – 2. The synoptic table – 3. Several souls and several bodies – 4. Heart, mind, soul and spirit – 5. The apprenticeship of the will – 6. Body, soul and spirit – 7. Outer knowledge and inner knowledge – 8. From intellect to intelligence – 9. True illumination – 10. The causal body – 11. Consciousness – 12. The subconscious – 13. The higher self.

Ref. P222AN

205 pages, 4 illustrations – ISBN 978-2-85566-389-0

Translated into 10 languages



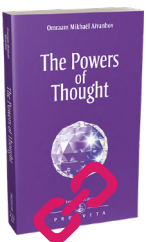
Creation: Artistic and Spiritual

Table of contents – 1. Art, science and religion – 2. The divine sources of inspiration – 3. The work of the imagination – 4. Prose and poetry – 5. The human voice – 6. Choral singing – 7. How to listen to music – 8. The magical power of a gesture – 9. Beauty – 10. Idealization as a means of creation – 11. A living masterpiece – 12. Building the temple.

Ref. P223AN

203 pages – ISBN 978-1-895978-21-6

Translated into 11 languages



The Powers of Thought

Table of contents – 1. The reality of spiritual work – 2. Thinking the future – 3. Psychic pollution – 4. Thoughts are living entities – 5. How thought materializes on the physical plane – 6. Striking a balance between matter and the spirit – 7. The strength of the spirit – 8. Some rules for spiritual work – 9. The weapons of thought – 10. The power of concentrated thought – 11. The foundations of meditation – 12.

Creative prayer – 13. Reaching for the unattainable.

Ref. P224AN

229 pages – ISBN 978-2-85566-832-1

Translated into 22 languages

Harmony and Health

Table of contents – 1. Life comes first – 2. The world of harmony – 3. Harmony and health – 4. The spiritual foundations of medicine – 5. Respiration and nutrition – 6. Respiration: I. The effects of respiration on health – II. How to melt into the harmony of the cosmos – 7. Nutrition on the different planes – 8. How to become tireless – 9. Cultivate an attitude of contentment.

Ref. P225AN

178 pages – ISBN 978-2-85566-443-9

Translated into 16 languages

The Book of Divine Magic

Table of contents – 1. The danger of the current revival of magic – 2. The magic circle of the aura – 3. The magic wand – 4. The magic word – 5. Talismans – 6. Is thirteen an unlucky number – 7. The moon – 8. Working with nature spirits – 9. Flowers and perfumes – 10. We all work magic – 11. The three great laws of magic – 12. The hand – 13. The power of a glance – 14. The magical power of trust – 15. Love, the only true magic – 16. Never look for revenge – 17. The exorcism and consecration of objects – 18. Protect your dwelling place.

Ref. P226AN

204 pages, 2 illustrations – ISBN 978-2-85566-882-6

Translated into 12 languages

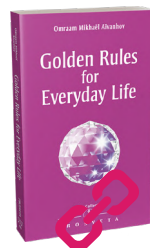
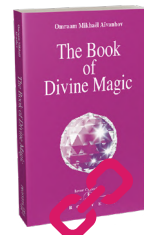
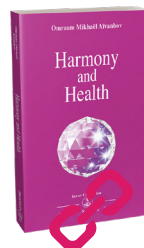
Golden Rules for Everyday Life

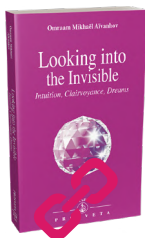
Table of contents (extract) – 1. Life: our most precious possession – 2. Let your material life be consistent with your spiritual life – 3. Dedicate your life to a sublime goal – 4. Our daily life: a matter that must be transformed by the spirit – 5. Nutrition as yoga – 6. Respiration – 7. How to recuperate energy – 8. Love makes us tireless – 9. Technical progress frees man for spiritual work – 10. Furnishing your inner dwelling – 11. The outer world is a reflection of your inner world – 12. Make sure of a good future by the way you live today – 13. Live in the fullness of the present – 14. The importance of beginnings...

Ref. P227AN

170 pages – ISBN 978-2-85566-833-8

Translated into 25 languages





Looking into the Invisible

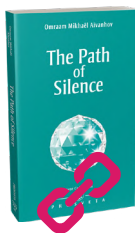
Intuition, Clairvoyance, Dreams

Table of contents – 1. The visible and the invisible – 2. The limited vision of the intellect, the infinite vision of intuition – 3. The entrance to the invisible world: from Yesod to Tiphareth – 4. Clairvoyance: activity and receptivity – 5. Should we consult clairvoyants? – 6. Love and your eyes will be opened – 7. Messages from heaven – 8. Visible and invisible light: svetlina and videlina – 9. The higher degrees of clairvoyance – 10. The spiritual eye – 11. To see God – 12. The true magic mirror: the universal Soul – 13. Dream and reality – 14. Sleep, an image of death – 15. Protect yourself while you are asleep – 16. Astral projection while asleep – 17. Physical and psychic havens – 18. The sources of inspiration – 19. Sensation is preferable to vision.

Ref. P228AN

211 pages, 3 illustrations – ISBN 978-2-85566-862-8

Translated into 14 languages



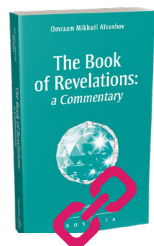
The Path of Silence

Table of contents – 1. Noise and silence – 2. Achieving inner silence – 3. Leave your cares at the door – 4. Make your meals an exercise in silence – 5. Silence, a reservoir of energies – 6. The inhabitants of silence – 7. Harmony, the essential condition for inner silence – 8. Silence, the essential condition for thought – 9. The quest for silence is the quest for the centre – 10. Speech and the logos – 11. A master speaks in silence – 12. The voice of silence is the voice of God – 13. The revelations of a starry sky – 14. A silent room.

Ref. P229AN

163 pages – ISBN 978-2-85566-858-1

Translated into 17 languages



The Book of Revelations:

A Commentary

Table of contents – 1. The island of Patmos – 2. Introduction to the book of revelations – 3. Melchizedek and initiation into the mystery of the two principles – 4. Letters to the Church in Ephesus and Smyrna – 5. Letter to the Church in Pergamos – 6. Letter to the Church in Laodicea – 7. The twenty-four elders and the four holy living creatures – 8. The scroll and the lamb – 9. The hundred and forty-four thousand servants of God – 10. The woman and the dragon – 11. The Archangel Mikhaël casts out the dragon – 12. The dragon spews water at the woman – 13. The beast from the sea and the beast from the land – 14. The wedding feast of the lamb – 15. The dragon is bound for a thousand years – 16. The new heaven and the new earth – 17. The heavenly city.

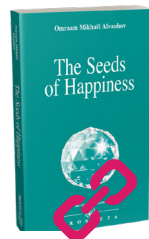
Ref. P230AN

190 pages, 9 illustrations – ISBN 978-2-85566-491-0

Translated into 10 languages

The Seeds of Happiness

Table of contents – 1. Happiness: a gift to be cultivated – 2. Happiness is not pleasure – 3. Happiness is found in work – 4. A philosophy of effort – 5. Light makes for happiness – 6. The meaning of life – 7. Peace and happiness – 8. If you want to be happy, be alive – 9. Rise above your circumstances – 10. Develop a sensitivity to the divine – 11. The land of Canaan – 12. The spirit is above the laws of fate – 13. Look for happiness on a higher level – 14. The quest for happiness is a quest for God – 15. No happiness for egoists – 16. Give without expecting anything in return – 17. Love without asking to be loved in return – 18. Our enemies are good for us – 19. The garden of souls and spirits – 20. Fusion on the higher planes – 21. We are the artisans of our own future.



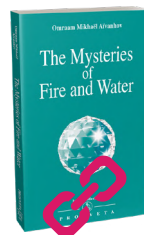
Ref. P231AN

222 pages – ISBN 978-2-85566-522-1

Translated into 19 languages

The Mysteries of Fire and Water

Table of contents – 1. The two principles of creation, water and fire – 2. The secret of combustion – 3. Water, the matrix of life – 4. Civilization, a product of water – 5. The living chain of sun, earth and water – 6. A blacksmith works with fire – 7. Water is born of mountains – 8. Physical and spiritual water – 9. Feeding the flame – 10. The essential role of fire – 11. The cycle of water: reincarnation - love and wisdom – 12. A candle flame – 13. How to light and tend fire – 14. Water, the universal medium – 15. The magic mirror – 16. Trees of light – 17. The coming of the holy spirit – 18. A treasury of pictures.



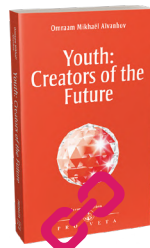
Ref. P232AN

173 pages – ISBN 978-2-85566-545-0

Translated into 10 languages

Youth: Creators of the Future

Table of contents – 1. Youth, a world in gestation – 2. The foundation stone of life: faith in a creator – 3. A sense of the sacred – 4. The voice of our higher nature – 5. Choosing the right direction – 6. Knowledge cannot give meaning to life – 7. Character counts for more than knowledge – 8. Learning to handle success and failure – 9. Recognize the aspirations of soul and spirit – 10. The divine world, our own inner world – 11. Did you choose your own family? – 12. Benefit from the experience of older people – 13. Compare yourself to those who are greater

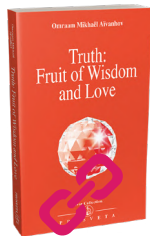


– 14. The will must be sustained by love – 15. Never admit defeat – 16. Never give way to despair – 17. Artists of the future – 18. Sexual freedom – 19. Preserve the poetry of your love – 20. Members of one universal Family.

Ref. P233AN

194 pages – ISBN 978-1-895978-01-8

Translated into 17 languages



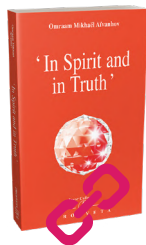
Truth: Fruit of Wisdom and Love

Table of contents – 1. The quest for truth – 2. Truth, the child of wisdom and love – 3. Wisdom and love; light and warmth – 4. The love of a disciple; the wisdom of a master – 5. Truth, the kernel of life – 6. 'I am the way, the truth and the life' – 7. The blue ray of truth – 8. Three levels of truth – 9. Be faithful to the truth – 10. There is no arguing about tastes – 11. Reality: objective and subjective – 12. The primacy of subjective reality – 13. Scientific progress v. moral progress – 14. Scientific truth and the truth of life – 15. A fresh view of reality – 16. Dreams and reality – 17. Truth transcends good and evil – 18. 'The truth will make you free'.

Ref. P234AN

227 pages – ISBN 978-1-895978-03-2

Translated into 11 languages



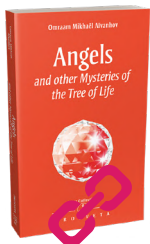
'In Spirit and in Truth'

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Ref. P235AN

212 pages – ISBN 978-2-85566-704-1

Translated into 9 languages



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207 pages, 7 illustrations, 1 illustration in color – ISBN 978-2-8184-0037-1

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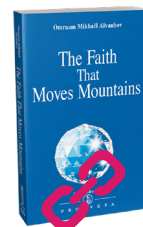
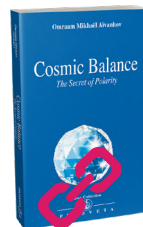
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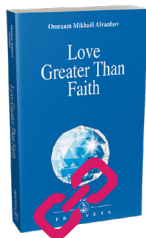
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203 pages, 5 illustrations – ISBN 978-2-85566-831-4

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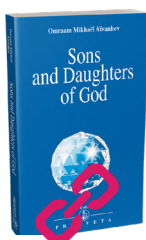
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Translated into 9 languages



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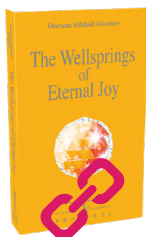
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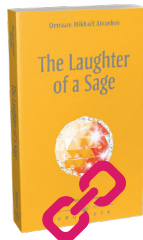
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Translated into 11 languages



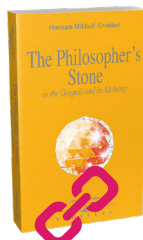
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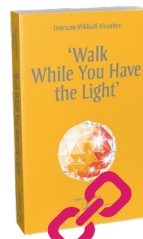
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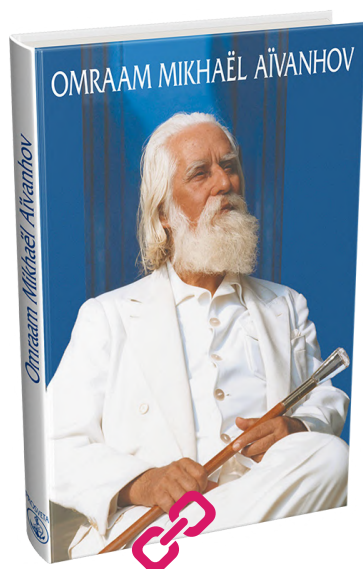
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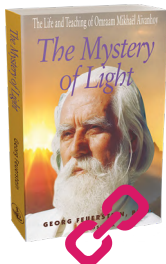
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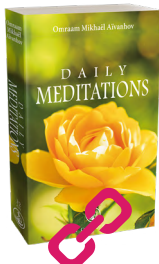
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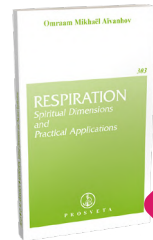
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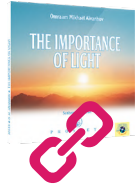
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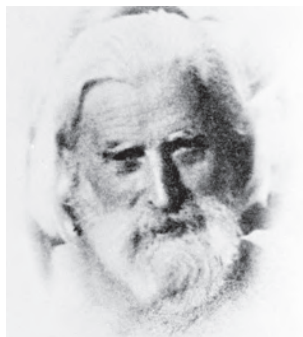
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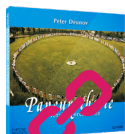


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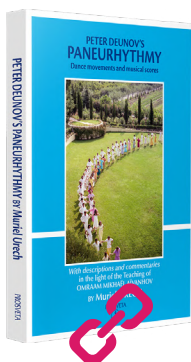
‘Everything in the universe is rhythm, and human beings themselves are part of this great cosmic rhythm. All their biological and psychic functions are subject to the laws of rhythm, even if this is not obvious. Depending on their way of life and on their thoughts, feelings and actions, they will harmonize to a lesser or greater extent with the universal rhythm. Music and dance are simply attempts to return to this universal rhythm or to remain within it. This is the reason why every culture attributes a divine origin to music and dance.

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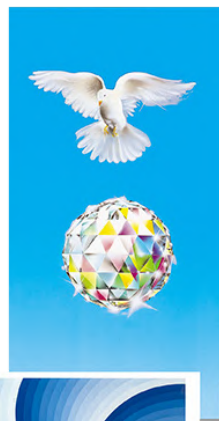
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Omraam Mikhaël Aïvanhov

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