

Omraam Mikhaël Aïvanhov

The Wellsprings of Eternal Joy



Izvor Collection



P R O S V E T A

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Chapter One

God, the beginning and end of our journey

What do you suppose the inhabitants of other worlds know of the earth and its people? Not much. That is why, in certain regions of the universe, there are schools where teachers run courses for those who are curious about this motley crew known as human beings. First, they send deep-sea divers to plunge into our atmosphere, which is just as dark and opaque for them as the depths of the sea. Once there, they use fishing lines to capture a few specimens, which they take back to their laboratories. On class day, the teacher grabs some pincers and presents the ‘catch’ to his students. They are all delighted with the opportunity to make observations, followed by detailed reports and a commentary. And what comments they make!

Are some of you wondering whether I am serious? Of course not, don’t worry! I know there is a lot written nowadays about extra-terrestrials coming in their flying saucers to abduct humans, whom they later do or don’t return... Of course, creation being as rich and diverse as it is, many things are possible, but what I have read or heard up to now on this subject is

certainly, in my opinion, the product of a great deal of imagination.

Entities in the invisible world that have been given the task of watching over the evolution of humanity have no need to come and collect a few specimens to take away and study goodness knows where. They know all about them, and yet they continue to find their mentality most peculiar. When European explorers discovered certain tribes in Africa or Oceania, they regarded them with such curiosity and amazement! Well, to these entities, humans appear even stranger, and what astonishes them the most is to see how they give their opinions and make judgments. They are ignorant, and yet they are ready to express an opinion on any subject whatsoever. So of course they make mistakes and suffer, but they carry on stubbornly, and the entities watching them are astounded and ask each other, 'How can we help them?'

The reason humans commit so many errors of judgment, behave so inappropriately and experience so much suffering is because they don't know what they have come to earth to do. They come and they go. In what cosmic plan is their destiny written? Where have they come from and what is their destination when they leave? They have no idea. There is only one answer to both questions: God. And in fact, that is our only certainty.

We have come from God, and we will one day return to God. What will happen to us between this

point of departure and this return? Over the course of our numerous incarnations, what roads will we travel before we return to the source? That depends on us. God has prepared an exceptional destiny for us human beings. Every now and then we receive an intuition of it, a few fleeting visions, then the sky clouds over once more, and our uncertainties and tribulations begin all over again. But we must cling to these transient visions with all our might and never doubt their reality. All the things that can possibly happen to us on the way merely represent stages, and they must never efface or cause us to forget the vision of what we will be when we return to the bosom of the Eternal, enriched by our experiences and by the qualities and virtues we will have acquired and developed.

In all human beings, the true Self that aspires to the light is buried under the dust and debris of all that is not truly themselves. But one day, each of us will become as God wants us to be, as we already are in our higher self.¹ It is this certainty that gives meaning to everything we experience in life. Even if it is difficult, nothing must keep us from the path leading towards divine light, for the other paths will turn out to be even more difficult and painful.

The journey we undertook a long time ago will not end with our present life. This life is only one stage on the road all beings must travel once they have left the bosom of God. And how many different regions they will have to visit before returning to their place of origin! We are only travellers on earth, and we must never forget it. But even among people who

are pursuing the spiritual life, very few are capable of holding onto the idea that they are travellers and must not stop anywhere and put down roots. The way is long, very long; we must constantly observe, study and draw conclusions so as to continue in the right direction, and in order not to lose heart we must keep our eyes fixed on our goal.

Watch the sun rise, allow yourself to be absorbed by this life, this brilliance, and your sensations will give you a foretaste of what you will experience when you return to God. In this great burst of light, in this radiance that is an expression of divine splendour, begin to seek your true self.² The day you discover this self and learn to identify with it, you will realize you have always lived in power, in love, in the light, and that through your life, through your activities, you are able to participate in the gigantic work that is taking place in the universe. And this is when the words of Jesus, *'My Father is still working, and I also am working'*, will become meaningful to you.³

How many people on earth do nothing, in fact, but destroy God's work! From the depths of the earth and the seas all the way to the stars, the creation is in constant motion, in perpetual transformation, and this is equally true of human souls. As often as you can, stop whatever you are doing for a few moments, and meditate on this divine activity that affects all regions of the universe simultaneously, that participates in the existence of all beings and satisfies all their needs. For God guarantees the present and future existence of all creatures, never forgetting a single one.

Whenever I travel and arrive in a new town, I see the crowds in the streets and remind myself that all of these men and women have their own lives, their history, their problems to resolve, their suffering, their loves, and that there is a Being who sustains them all because he lives in them. And you, too, try to hold this thought now and then, and you will enlarge your field of consciousness. You will discover new regions where you will enter into contact with higher entities.

Instead of troubling yourself with all sorts of useless or futile preoccupations that only weaken you, concentrate on the universal Spirit, the heavenly Father who created us, who keeps us, sustains us and lives within all his creatures. In doing so, you will escape the burden of everyday existence. You will sense that the link between your earthly being and your heavenly being is being restored, and one day, like Jesus, you will be able to say, *'My Father is still working, and I also am working'*.

At the moment, we know only the point of departure and the destination: God. Everything else is uncertain. But whatever happens to us along the path, we must continue to go forward, for only the divine life, the eternal life, is worthy of the name life.

You will say, 'But it is difficult, so difficult!' Yes, this is why you must never forget that you are inhabited by a spirit, by a spark that burst from the bosom of the Eternal, from the primordial Fire, and incarnated in matter. This spark carries all the divine blueprints within it, and all its peregrinations through

matter have no other goal than to realize these plans. This spark needs food in order to stay alive, and one of the symbols of food, both physical and spiritual, is bread.

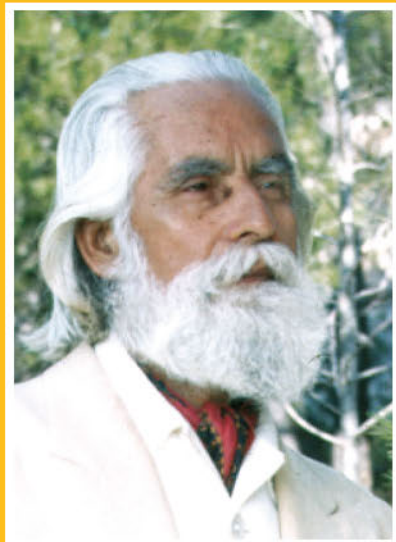
Jesus said, *'I am the living bread', 'I am the bread from heaven'*, and at the Last Supper he blessed the bread and gave it to his disciples, saying, *'Take, eat, this is my body'*.⁴ Bread thus represents the elements of the divine life. When we come to earth we already possess certain of these elements. Those who have wasted them in their previous incarnations by living an unreasonable life must do their best to regain them; otherwise they will continue their journey amidst great difficulties.

In an initiatic school, all we are doing is filling our inner bags and granaries – that is to say our heart, mind, soul and spirit – with this living bread from heaven. I have often explained what this bread is, and also when to eat it and how to chew it.⁵ It is available to us every day, enabling us to continue along the path that leads to our predestination as sons and daughters of God. The Lords of Destiny have provided everything we need to reach our goal. Perhaps they do not respond to the questions we ask, but this is only to keep us in suspense so that we never stop progressing.

Notes

1. See *Man's Psychic Life: Elements and Structures*, Izvor Coll. n° 222, chap. 13: 'The higher Self'.

2. See *Sunrise Meditations*, Brochure 323, and 'You are Gods', part III, chap. 4: 'The sun, image of God and image of humankind'.
3. See 'Cherchez le Royaume de Dieu et sa Justice', part VII: 'Mon Père travaille, et moi aussi je travaille avec Lui'.
4. See above, part VI, chap. 2-III: 'Celui qui mange ma chair et qui boit mon sang a la vie éternelle'.
5. See 'Know Thyself' – *Jnana Yoga*, Part 1, Complete Works, vol. 17, chap. 2: 'The Synoptic Table' and chap. 6: 'Food for the soul and the spirit', and Part 2, Complete Works, vol. 18, chap. 4: 'Knowledge: heart and mind'; *Truth: Fruit of Wisdom and Love*, Izvor Coll. n° 234, chap. 3: 'Wisdom and love; light and warmth'.



The French philosopher and spiritual Master, Omraam Mikhaël Aïvanhov (1900-1986), was born in Bulgaria and came to France in 1937. Although his work addresses many aspects of initiatic science, he explains: 'The questions with which we are faced will always be the same: to understand who we are, to discover the meaning of our lives and to overcome the obstacles which we find on our path. So, do not ask me to talk to you about anything else; I will always return to the same subjects: our development, our difficulties, the path to be followed and the methods we need to follow it.'

'True joy is not the result of anything visible or tangible. It is joy without a reason, given to us simply by our sense of existing as a soul and spirit. So instead of waiting to possess something or someone in order to feel joy, you must do the opposite: rejoice in the existence of people and things, for the joy you receive from them will give you the sense that they belong to you. Whatever gives you joy belongs to you, while what belongs to you doesn't necessarily give you much joy. You truly possess everything that gives you joy, and far more so than if you owned it.'

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