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LOVE AND SEXUALITY

Part 2



Complete Works – Volume 15

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Chapter One

A question of attitude

I

Among the thousands of things human beings have to learn about in life, one of the most important – and one which is almost totally neglected – is the question of attitude: the attitude men and women should have toward nature and other beings, toward God. This question is vital, for our attitude determines the whole course of our lives, both inwardly and outwardly. The attitude of most people is truly deplorable: instead of turning their faces to the Lord, as the needle of a compass turns towards the North Pole, they turn their back on him. This is why they encounter such difficulties and tribulations in life. No one has ever taught them to adopt the right attitude.

Years ago, in Bulgaria, when I was still very young, I did not have the money to buy myself a radio, so I built a crystal set. When I wanted to listen to a programme, I had to move a tiny needle across the surface of the crystal, until it was on exactly the right spot, and I could hear music or voices. If the needle was not on the right spot I could not hear anything at all. When I reflected on this phenomenon, I understood that if we are incapable of picking up the countless messages and currents that criss-cross the universe, it is because we have not yet tuned our crystal sets to the right wavelength. So, this is what we must try to do every day: tune in to the transmitter, that is to say, adopt the proper attitude, turn toward that pole-star we call God. Only if we do this will we obtain his blessings: light, love, joy and health.

As long as men and women persist in their usual crass, disrespectful attitude, they will never make any progress. Oh, of course, their work in intellectual, industrial and mechanical fields does result in progress, but every other area of their lives is empty, mediocre and aimless. This question of attitude is absolutely vital, and I am not referring only to our attitude toward the Lord, but our attitude toward all the creatures of the universe and toward nature itself.

Human beings never think of putting into practice in their spiritual life the laws that apply to the physical plane. Time and again, I have spoken to you about the law of resonance, for example. If you have two pianos perfectly attuned to each other in the same room, and you strike a note on one of them, the other will respond: the same note will vibrate without your having touched it. Our whole evolution depends on our correct understanding of this law. If I keep telling you that you must turn your face to the greatest, most beautiful, most powerful of all beings, it is because by doing so you will begin to vibrate in unison with him. And when you vibrate in unison with this supreme Being, with this Principle that contains all that is, you begin to receive his qualities and powers. As long as you do not make a deliberate, conscious effort to adopt this attitude, you will be constantly thrown around by the virulent currents you have, quite unconsciously, tuned into.

Your attitude should be one of respect, of awe, admiration and rapture in the face of this sublime Being, who rules and orders the universe. You will object that you have never seen him, and to that I reply, ‘Yes, you have! You have seen the beauty of nature; you have seen your fellow men and women; but you never think of the author of all these marvels. For you, he just doesn’t exist!’ Today there is nowhere where people value a sense of the sacred. On the contrary, they try to eradicate it as something useless; they defile and desecrate everything.

This won't do, my dear brothers and sisters! You must adopt the right attitude toward the Lord and get into the habit of thinking of him with respect, awe and love. This is the only way to learn to vibrate in unison with him and with all the wealth that is his, the only way to become capable of receiving the flood of beauty, light and love that is waiting to flow into you, the only way to participate in his own joy, happiness and freedom.¹ Those who love each other experience the same sensations because they vibrate on the same wavelength: this is a law of physics.

Just as you have feelings of wonder and delight at the sound of music or the song of birds, or at the sight of flowers or a beautiful woman, similarly you must cultivate a sense of sacredness in respect to this Being, who has created all that exists with such awe-inspiring intelligence. You are full of admiration for a pretty pebble, a butterfly... How can you possibly not be full of admiration for him who created them? He, and he alone, deserves your admiration, and yet you ignore him and banish him from your scheme of things. This is why you are always unhappy, weak and vulnerable. You will say, 'I'll read a lot of books; I'll go and learn from so-and-so. I'll be all right!' Never! What you can get from books and human beings is nothing compared to what the quintessence of Cosmic Intelligence can give you.

Human beings try to show how capable and intelligent they are by displaying their diplomas, trophies and medals. But these things are no proof of intelligence: the criteria by which I judge whether someone is intelligent or not are very different. I have just received a letter from someone who has a university degree and is very well-read. Among other things, she says, 'I often think of something you told us, years ago, after your trip to Turkey. You said you had been looking out of your bedroom window in the hotel, in Istanbul, when you saw a little old man, who looked like a beggar, go into a garden nearby. As you watched him, he unrolled the carpet he was carrying and knelt down and said his prayers. You said you were so struck by his

attitude of respect and adoration that you hurried downstairs with the intention of giving him some money. But by the time you reached the garden, you were very disappointed to find that he had already gone.' Isn't it extraordinary how people remember little details? Then my correspondent goes on to say that she was writing this to me because she was incapable of praying, and that had made her think of the Turk who unrolled his carpet and prayed. But I shall tell her, 'Don't worry! You will begin to pray, one day. If you love that little old man who prayed, you will certainly learn to pray, too.' Yes, even if you have the impression that you are not receiving anything, you must keep on praying, because prayer activates our spiritual centres; and when the chakras, the lotuses, are activated and begin to vibrate, they trigger extraordinary changes.

May those who accept what I am saying and start immediately to cultivate the right attitude be blessed. It is not easy: I know that. Sometimes you have to search for a long time – just as I used to keep twiddling the knobs of my crystal set – with no success, and then, all of a sudden, you hear something: you are on the right wavelength! You have to persevere; you have to insist; you have to threaten, even! Yes, threaten heaven with love, and one day you will find yourself on the right wavelength. Words cannot describe the sensations you will experience when this happens. And just as I watched that Turk praying on his prayer rug, when we pray there is always someone who is watching and ready to help us. You have no idea how many beings watch you and take pity on you when you pray! The Almighty is very busy and very far away! But hosts of other entities hurry to help you and bring you consolation, peace and happiness. I was not quick enough when I went down to give that beggar the money that would have helped him, but the entities of the invisible world are never too slow and never make a mistake! You receive their gifts instantly.

And do you know that there is a little creature in the Amazonian forests that lifts its front paws heavenwards and makes several little bows before going to sleep at night? Those who have filmed it say it looks just as if it were saying its prayers! It is a small, furry animal with a bushy tail – a kind of ant-eater. Most of the time it is on all fours, but in the evening, before going to sleep, it stands up on its hind legs, lifts its front paws towards the sky and bows down to the ground several times with its eyes closed. When this little ceremony is over, it stretches out and, with an expression of innocent candour, rests its muzzle on its front paws and goes to sleep! Isn't that extraordinary? There are so many things on this earth that we still don't know about, but we are sure to discover them all in the long run!

So... there you have a few words about this question of the right attitude. I beg you: take them to heart and get into the habit of practising this attitude of respect for the sacred, if only for a few minutes every day, so as to restore your links with the Lord.

The Bonfin,* 4 August 1974

Note

1. See *Cosmic Moral Law*, Complete Works, vol. 12, chap. 5: 'The law of affinity: peace' and chap. 6: 'The law of affinity: the true religion'.

*'The Bonfin' is the name of a property near Fréjus on the French Riviera. The members of the Universal White Brotherhood gather here in their hundreds every summer to study the Teaching of the Universal White Brotherhood, dispensed in the daily lectures of the Master Omraam Mikhaël Aïvanhov, and to put it into practice in all their activities as they work, pray, sing and eat together.

II

Yesterday, I talked to you about the necessity of having an attitude of sacred awe and respect toward the Lord and his creation and toward every living thing. But what I said yesterday was very general. I want to talk to you today about how that attitude applies in some particular cases in your daily lives, for all the truths that I reveal to you can be applied very concretely in life.

Yesterday, I explained why it was important to have this reverential attitude toward the supreme Being so as to vibrate in harmony with him and, in that way, be open to receiving him and all his gifts of radiance, light, joy, power and perfection within our own being. The question is: how, exactly, and in what areas of our lives can we manifest this attitude of reverence, love and admiration for his creations and the beauty that he has poured into the universe?

I am going to talk to you today about something which many consider highly indecent: the subject of sexuality. Nowadays, human sexuality is constantly under study from every possible point of view, and people claim that they must be free to practise it night and day. But, for my part, I believe that there are just as many disorders and deviations today as in the past, because this so-called freedom is instigated by people who know nothing of the structure of a human being and the correspondences that exist between humans and the universe at large; they are not

guided by the light of Initiatic Science. The heart of the matter is hidden from them; they are groping in the dark. Perhaps they will find the truth one day, but when I look at the practices of today, I find that they are no better than those of the past. Yes, because until and unless people possess initiatic philosophy, their experiments will always turn out badly.

And now, I think it will help you to understand what I want to tell you today if I give you an example. In this way you will see how I look at the question. One day, years ago, a young girl came to see me at Izgrev; she was very pretty and attractive and, judging from her manners, very well brought up. She had been advised to come and see me, because no psychoanalyst had been able to cure her of an obsession with the male genitals: whatever she set her eyes on – flowers, fruit, household objects, even the ceiling – the only thing she saw in her imagination was this! She had tried everything she could think of, but to no avail: the image continued to haunt her. She felt terribly guilty and sinful and thought she would certainly be damned. This was why somebody had suggested she should come and talk to me.

When she explained all this I began to laugh, and naturally she was very surprised and asked me what I was laughing about. So then I said, ‘Don’t be upset; that is all quite natural and normal; it is the kind of thing that happens to some extent to everybody. I shall show you how to clear up the whole business very quickly, but you must not go on wrestling with it like that. Nature is very powerful; for millions of years, it has organized things in such a way that men and women will be attracted to each other, and there is not the slightest hope of your changing all that at this stage! Everything that nature has done is well done, but men and women don’t understand. Images of this kind come into the mind of all human beings; the only difference is that some know how to react and others don’t. Now, this is what you should do: the next time this image comes into your mind, instead of getting all upset, look at it calmly but from a different point of view. Remember this organ is something

beautiful, powerful and divine, for it is the organ that transmits life. Reflecting and meditating on this, you will be so moved to admiration at the intelligence and wisdom of the Creator, that you will forget all the rest. You will simply be using the images that come into your mind as a springboard to leap up to your Creator.'

It goes without saying that it is not possible to react like this unless your point of view is very different from that of all the religious, highly moral people for whom sex is something shameful, something that must never be mentioned in polite society! But these people should be more logical; they should ask themselves why sexuality is one of the major preoccupations of humanity? Surely it must be obvious to them that human beings are never going to get rid of their genital organs or of their need to use them, so why can't they recognize this and change their attitude? They must understand that the human sexual organs are sacred; they must learn to treat them with respect and awe and, in doing so, foster their own link with their Creator. But how many men or women realize that their sexual organs are sacred and that they have no right to profane them, but only to use them for a divine purpose? And yet, that is the best, in fact the only, attitude to have towards them: an attitude of sacred respect, which will help you to advance and become a divinity.

As I have already said in another lecture, why are the brain, lungs, liver or stomach not capable of creating life? If the genitals are the only organs capable of transmitting life, it must mean they are sacred, divine! Why are they always held up to ridicule? What hypocrisy! People mention them only in dirty jokes; in public, they try to make out that they are not really interested in them, but what they do after that, in secret, is quite another matter! If you despise these organs you should have nothing to do with them, but since you are continually using them you should have a sacred respect for them. Some of you will protest, 'But that's all so remote; it's beyond us!' Yes, for

animals it is remote, no doubt, but for human beings who want to evolve it is not so terribly remote. Those who are too weak or primitive would perhaps have done better not to come here at all, for when they realize to what extent they are the slaves of their lower appetites, that realization will be a continual source of suffering for them, and I have no desire to trouble anyone or make them unhappy. Whereas those who are more advanced are enchanted, because vast horizons are being opened before their eyes! It is for them that I have to speak; I have to explain to them that there are other possibilities and other methods and that, with patience and perseverance, they will eventually achieve their goal. As a matter of fact, many have told me, 'Master, when you reveal something to us, I have the feeling I have always known it. I don't know when or where I learned it before, but I can feel it's the truth: while you are speaking, it's as if I recognize what you are saying; it wakens an echo in me.' Yes, but you cannot discover these great truths until you hear them spoken.

So, now, my dear brothers and sisters, get used to the idea that you must learn to look at things from a different point of view: from God's point of view.¹

Most of the religious, ascetics and hermits of the past have bequeathed us a truly disastrous philosophy: they fled from women and hid themselves away in forests or mountain retreats because, in their view, women were creations of the devil. But when the poor wretches ran away from women of flesh and blood, they were pursued and tormented by other women from the astral plane... and from them there was no escape! Yes, you have all heard of the temptations of St Anthony! They should not have run away from women. They should not have looked on her as an incarnation of the devil! Our philosophy, on the contrary, teaches us to look at women, and to look at them with wonder and admiration, to seek the countenance of the supreme Mother in them, to say, 'O divine Mother, how is it possible to create women and girls who are so beautiful, so full of grace? Each one is different, and they are all so lovely! What a wealth

of beauty!' ... and you are led to marvel at that intelligence and splendour.

When man struggles against woman, he is depriving himself of all that is poetic and alive. He loses all his drive and inspiration; he becomes a eunuch, as good as dead! Believe me, I really pity those ascetics and hermits: their false philosophy upset their mental balance; it killed something in them. To be sure, those who were exceptionally strong in virtue and will-power survived without being unbalanced or falling ill, but it is certainly not a philosophy that should be propagated. People must learn to see things in their true light. If God created both men and women, it was not so that they should flee from each other. Those who did so were criticizing the Lord's handiwork and setting themselves up as judges, as though they knew better than God what was good and what was bad! It was a secret form of pride. Yes, pride, ignorance and stupidity... and it led to unbalanced minds.

The new education of humankind must begin by teaching men and women to look at each other differently. Women must look on men as the manifestation of the heavenly Father; men should be a point of departure on their journey back to the Father who created them. They must reflect on his reasons for creating men as he did and try to see what he wants to give them through men. There is so much to be discovered! If women learn to renew their attitude toward men in this way, they will find themselves inspired and filled with something quite new. As for men, I have already told you that they must take women as a starting point, a springboard to reach the divine Mother. They must ask themselves, 'Who is this divine Mother, who has created such adorable magicians, with such eyes, such entrancing smiles and sweet voices?' This is the best method: if men don't choose this way, there are only two other options open to them, and they are both deplorable: either to escape from women, or to pursue and devour them. The third attitude is that chosen by the great initiates, who know how to put everything to good use. Their

reasoning is that everything God has created must be used both to help others and advance their own evolution. Those who are incapable of adopting this point of view and acting accordingly will sooner or later end in bitterness, sorrow and remorse. Of course, those who do not follow this Teaching and are ignorant of the truth do not suffer so much: they think that they have found the best way of life and are quite pleased with themselves. But the Teaching throws an entirely new light on all these things, and we see them differently. It is preferable to conform to these new norms, for they are better than the old ones.

You must see a man or a woman as a means of bringing you closer to the Godhead. And when you have succeeded in doing this, show how unselfish and impersonal you are, and pour all the joy, delight and happiness you have found onto the one who served as your point of departure: flood them with light. If you do this, you need never accuse yourself of using others simply to advance your own evolution. When you receive gifts from on high you must pour them out on the person who helped and inspired you to reach that level, then everything will be pure, wonderful and divine.

Initiatic Science contains treasures of untold value, but people are incapable of appreciating them. Love as they know it destroys them and brings them nothing but suffering, and then they tell you that God is love! Do you really think it is God who makes human beings suffer? No, human beings suffer because they still have not understood what love really is; they manufacture their own unhappiness. It is their kind of love that makes them unhappy.

The Bonfin, 5 August 1974

Note

1. See *Love Greater Than Faith*, Izvor Coll. n° 239, chap. 5: 'Let it be done for you according to your appreciation.'

‘There are several possible attitudes towards love. You can eat it, you can drink it, and you can breathe it, but you can also live in it.

Those who eat love remain on the physical plane and are never fully satisfied because they are content with pleasures of a lower order. The pleasures of those who drink love are less crude, but they are still confined to the delights and satisfactions of the astral plane. Certain philosophers, writers and artists, who have managed to reach the mental plane, breathe love; love is the constant source of their inspiration. Only those who live in love, in the subtle, etheric dimension of love, truly possess it. For them it is light in the mind and warmth in the heart, and they can pour out that light and warmth on those around them. Those who live in this love possess all fullness.’

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